




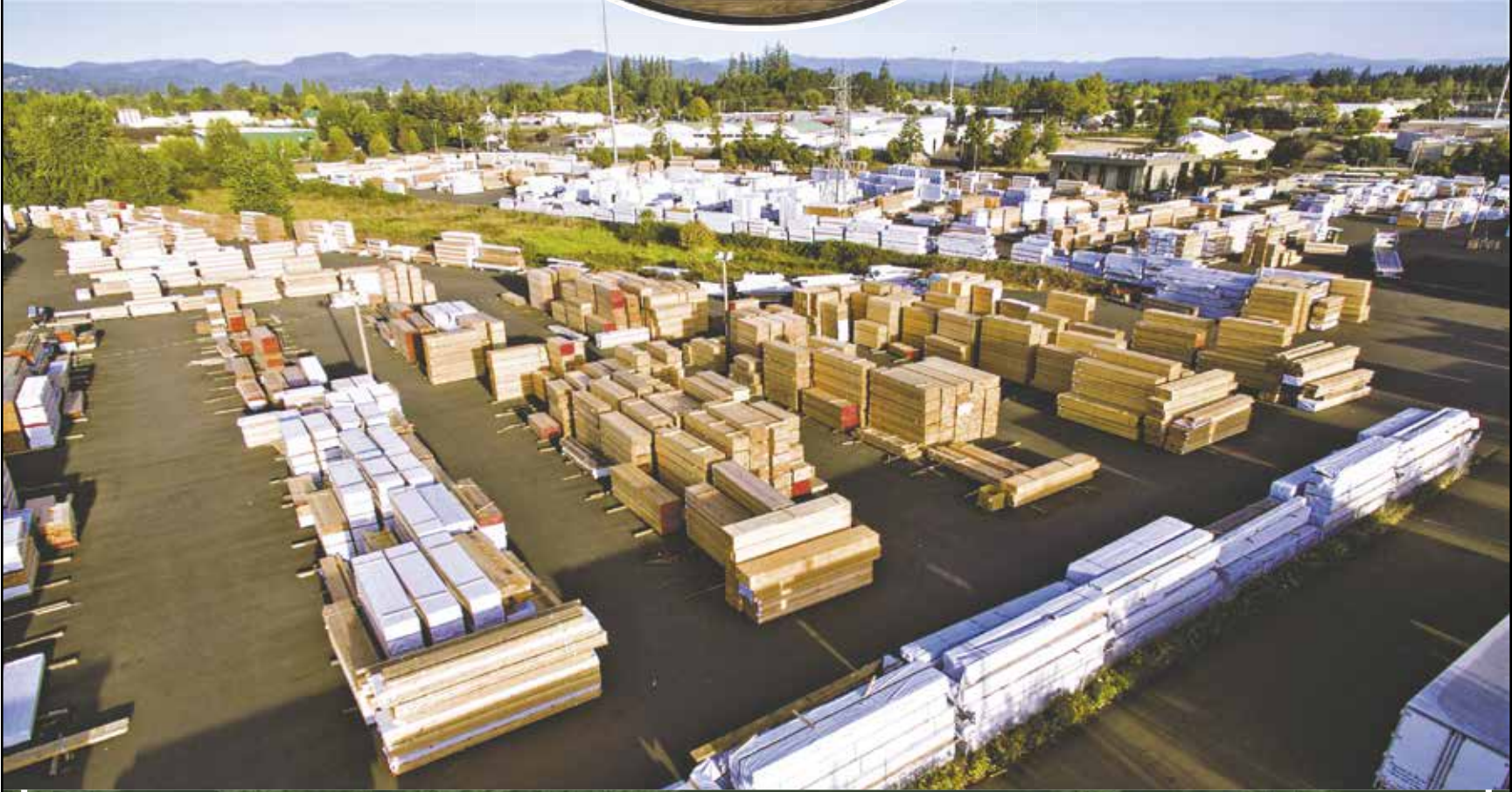
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2023

YOUNG

PROFESSIONALS OF YAMHILL VALLEY



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A young professional state of mind

The term young professionals has always been a bit of a moving target, with different interpretations through the decades since “yuppies,” short for “young urban professionals,” came to loosely define a generation of educated young adults in the early 1980s. In those times, the term described something of a path one would take, from college and maybe post-graduate degrees, into the workforce, and then upwards through their careers. In a sense, “young professionals” described the period between college and being a leader in one’s occupation.

The internet and technology boom changed the game in myriad ways, and now we’re figuring out how the post-COVID world operates from a business standpoint. But one feature of young professionals that has stood the test of time is how each new class into the workforce is needed for creativity, fresh perspectives and figuring out how best to balance how things have been done in the past and how they can be improved in the future.

Today, I would argue, the term young professionals is less about a path taken and more of a state of mind. Gone are the days when a recent college graduate must find that big city job to be considered a young pro. The term “educated” itself has changed, given the vast educational resources available outside of traditional four-year higher educational institutions. A renewed push for young people to enter trade industries means a 20-something in a rural area can begin his or her career as an apprentice or in the mailroom and carve out a successful reputation as a young professional. Even “young” is difficult to define. Traditionally thought of being early 20s to early 40s, young professionals can be of any age at a time when traditional ways of doing business are constantly being challenged.

This publication highlights the work, character and lives of many young professionals throughout the Yamhill Valley. I encourage everyone reading, younger and older, to consider that “state of mind” in these changing times.

And for those just now paving their career path, a simple recommendation: get involved in something outside of work. Our community has thrived for generations on cooperation between business, nonprofits and local government. As many Baby Boomers age into retirement, it’s as vital as ever for a new crop of leaders to emerge on boards and committees. It’s the experiences and connections gained through serving that will make you the best professional you can be.

by Ossia Bladine

Associate Publisher/General Manager,
News-Register & Oregon Lithoprint Inc.

Sorry if we missed you

We tried to talk to everyone about being part of the “Young Professionals” publication. Call us now and you’ll be the first on the list for next year.

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Travis Cooksley

SHIPPING

Elk Creek Forest Products

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After trying another type of work, Travis Cooksley was placed at Elk Creek Forest Products by Express Employment Professionals. Starting as a saw operator, he quickly realized Elk Creek was the company for him.

He advanced to the shipping department, where he is responsible for shipping truckloads of products with accuracy. He always keeps customers in mind, he said. He's in constant contact with the sales and production departments to ensure customers get what they order. He enjoys working with all aspects of the company, cooperating with his coworkers and making sure everything is accomplished just right.

"I think the biggest service Elk Creek provides is not wood, but culture to people in and out of Yamhill County," Cooksley said. He looks forward to a future at Elk Creek "helping train and grow the company." Cooksley grew up in McMinnville and graduated from McMinnville High School's online program.

He said he enjoys living in McMinnville and Yamhill County. He likes the people, and finds many opportunities here. Cooksley has three fur children: Junipur, Patches and Gizzy. He enjoys hobbies such as bowling, going to the driving range and playing video games.



Marcos Flores

SALES

Elk Creek Forest Products

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Marcos Flores, who works in sales at Elk Creek Forest Products, wasn't sure what he was getting himself into when he applied for a job with the company. But he discovered "the people in the lumber industry are some of the most welcoming individuals...they are here to help everyone be successful." Management at Elk Creek cares about all the employees, he said. His fellow workers have taught him about forest products.

He likes his duties, too. He recommends the correct products for different applications, coordinates production schedules and organizes logistics so customers receive materials in a timely and cost-effective manner. In his future at Elk Creek, he wants to learn more about engineered wood and other new developments, and teach the general public about lumber products, as well. Born in California, Flores grew up on a dairy farm near Independence feeding calves, driving tractors, making cheese and doing other tasks. After graduating from Central High School, he taught English in Mexico for a short time.

He is a member of the North American Wholesalers Lumber Association. Flores and his wife have two Corgi dogs. They enjoy camping, hiking, swimming, star gazing and other outdoor pursuits.

HOW TO FIND A JOB YOU'LL LOVE

As the saying goes: "if you love your job, you'll never work a day in your life." If you're looking for your dream job, here are some tips for setting you in the right direction.

IDENTIFY YOUR PASSIONS

Discover your interests by asking yourself the right questions. What websites do you visit when you want to relax? What types of movies or books do you enjoy? When was the last time you put extra effort into something, personally or professionally? Your answers may provide insight into what you love.

SEEK ADVICE

Your friends and family know you best. Therefore, ask them for their opinions on your perfect job. They may see qualities in you that you've down played, like public speaking or cooking. Moreover, meeting with a career counselor can help you identify industries or roles you may have overlooked.

KNOW YOUR VALUES

If you love being outside in nature, you may not find an office job fulfilling. On the other hand, if you value having free evenings and weekends, then a Monday-to-Friday job may suit your lifestyle best.

Once you've identified your preferences, find ways to put them to work. Volunteer, take classes or earn certifications in those areas. Do some research into companies and job opportunities in your fields of interest.



HOW TO MINIMIZE JOB-INTERVIEW STRESS

Job interviews can be stressful. However, simply changing the way you think about them can help calm your nerves. Think of the interview process as a discussion between equals. If you believe the employer has a lot to offer, know that you do too. Consequently, you shouldn't be shy about showcasing your skills and talents. Furthermore, stop perceiving job interviews as interrogations. Doing this will only make you feel inferior, undermine your confidence, increase your stress and prevent you from being yourself. Instead, think of the exchange as two potential business partners getting to know each other.

THREE TIPS TO ACE YOUR INTERVIEW

Are you preparing for an interview? If you want to increase your odds of landing the position, knowing what your potential employer is looking for is an excellent place to start. Here are some additional tips that are likely to help. If possible, it's a good idea to contact someone you know who works for the employer and ask them about the company's values and current challenges. You should also search the internet for news and interesting facts about the business. If it's a publicly traded company, the shareholder section of their website could be a gold mine of information.

During the interview, focus on what the interviewer is looking for. They may ask you two very similar questions to ensure you have the skills required for the position. It's important to remain attentive throughout the discussion to ensure your answers are relevant and well thought out. Refer to your previous work experiences to show the interviewer that you possess the skills necessary for the job. Depending on the position, it may be a good idea to mention your expertise, team spirit, positive attitude and integrity. If you plan ahead and carefully prepare what you want to say, you'll increase your chances of getting the job.

THREE THINGS TO CONSIDER WHEN NEGOTIATING YOUR WORKING CONDITIONS

In a job interview, discussing salary and benefits can be uncomfortable. However, if you're looking for a position that fulfills your needs, you must be prepared to broach the topic. Here are three things to keep in mind when you do.

INDUSTRY STANDARDS

First and foremost, you must have realistic expectations. Do some research and talk to other professionals in your industry to determine the average salary and benefits for your level of experience and the position you hope to fill. This will help you avoid making unreasonable demands or accepting an offer that's not in line with current standards.

BENEFITS AND PERKS

If the employer can't offer you the salary you want, you can negotiate for other benefits. After all, the amount you're paid is just one factor in cultivating a good quality of life. For example, you could negotiate to have flexible hours, work from home or use a company cellphone.

YOUR WORTH

Rather than looking at what you can gain, put yourself in the employer's shoes and think about what you can offer the organization. Knowing what you bring to the table can help show the employer you care about the success of their business. This could make them more willing to meet your expectations. Most importantly, be confident and don't undersell yourself.



Mauricio Duran

FUNERAL DIRECTOR

Macy & Son Funeral Directors

503.472.6151 | macyandson.com
135 NE Evans St, McMinnville

Mauricio Duran had volunteered for many different downtown organizations and worked at several other places before he was introduced to Macy & Son Funeral Directors in 2019. Mauricio is an outstanding young man, his bosses at the funeral home say. “He seems to have taken root in Yamhill County,” they said. “He’s quite the journeyman, as we continually learn about the various jobs he’s had in the area, each of which helped him become the person he is today.”

Raised in Amity, Mauricio graduated from McMinnville High School, then received a bachelor’s degree in economics from Linfield University. Mauricio joined Macy & Son right before the chaos of the pandemic, a true test by fire. He continues to have a positive attitude, works hard and gets along with everyone.

“He’s got a good heart, ministers to families and makes a decent dark roast coffee,” his bosses said. Mauricio often can be seen at St. James Catholic Church, walking around downtown or washing cars in the Macy & Son parking lot. “We’re glad to have him with us as a newly licensed funeral director!” bosses said.

Su español no es perfecto, pero ayuda mucho con la comunidad hispana. Le encanta estar involucrado.

THREE JOBS YOU CAN EASILY DO FROM HOME

Do you want to enjoy the benefits of telecommuting? Here are four jobs that can easily be done from home.

TRANSLATOR

If you want to do this type of work, you must be proficient in at least two languages. Depending on your experience, you might be hired to translate anything from literary texts to technical documents. You can work remotely for an agency or find your own clients as a freelancer.

ACCOUNTING CLERK

If you’re organized, meticulous and great with numbers, this might be the job for you. With the help of spreadsheets and accounting software, you can easily carry out a variety of bookkeeping and clerical tasks without stepping foot in the company’s office.

CUSTOMER SERVICE REPRESENTATIVE

If you’re a good listener with strong communication skills who also enjoys helping people find solutions to their problems, consider becoming a customer service representative. Whether you answer questions over the phone, process return request emails or man the technical support chat line, there are plenty of ways to assist customers from the comfort of your home. If you decide to telecommute, visit office supply stores in your area so you can set up an ergonomic workspace in your home.



SEVEN KINDS OF LEGAL CAREERS

Would you like to work in the justice system? In addition to police officers, lawyers and notaries, there are a variety of other professions related to upholding the law. Here are seven legal careers that may be right for you.

PROBATION OFFICER

This professional is responsible for supervising people on probation, managing their cases and helping them reintegrate into society. Strong interpersonal skills are a must for this job.

CORRECTIONAL OFFICER

Using sound judgement and maintaining a level head, correctional officers are tasked with guarding, monitoring and assisting in the rehabilitation of inmates at a correctional institution.

COURT CLERK

This behind-the-scenes role involves administering oaths to witnesses and maintaining court records, among other administrative duties. Communication and organizational skills are valuable assets in this position.

BAILIFF

This job often involves carrying out difficult work such as seizing property and serving legal orders. However, at the core of this role is a commitment to protecting courtrooms and enforcing the decisions made within them.

COURT INTERPRETER

The responsibility of a court interpreter is to ensure witnesses and defendants who have trouble understanding or speaking English can participate fully in the proceedings. This requires proficiency in at least two languages as well as legal jargon.

LEGAL TRANSLATOR

From contracts and wills to laws and legal decisions, this type of translator specializes in adapting a variety of legal documents and texts from one language to another. This work requires attention to detail and a thorough understanding of legal vocabulary.

COURT REPORTER

Using a written language known as shorthand, a court reporter transcribes everything that’s said during court proceedings. This transcript becomes the official record, which means the work must be done diligently.

If you’re interested in these or other legal jobs, find out what training programs and employment opportunities are available in your area.

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HOW TO LAND YOUR FIRST JOB AS A RECENT GRADUATE

Did you recently graduate from university? Are you looking for your first real job? Although you may come across jobs that require several years of experience, don't be discouraged. Here are a few tips to get your application noticed.

INFORM YOUR CONTACTS

Tell your parents, friends and former classmates about your job search. Try to name specific companies that interest you. Someone you know may have a close connection that can help you adjust your application accordingly and increase your chances of being selected. It's a good idea to participate in networking activities and publicize your job search on social media.

BE HUMBLE

Be realistic. Don't apply for high-level jobs with six-figure salaries. This will only leave you disappointed. As a new graduate, think of your first job as an opportunity to gain experience and prove yourself. If you work hard, you'll eventually climb up the corporate ladder.

TAKE CARE OF YOUR PAPERWORK

You'll probably be up against several other candidates vying for the same position. Therefore, make your resume and cover letter stand out by incorporating relevant keywords and action verbs to capture the recruiter's attention. You may want to hire a resume-writing specialist to help you launch your career.



Becky Turner

PRESIDENT
PBT PRACTICE SOLUTIONS, LLC
PERFORMANCE MANAGER
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J&W CARSTAR

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1100 NE Lafayette Ave, McMinnville

Becky Turner describes herself as "a solutions-oriented forward thinker who listens to learn, and who specializes in client/customer collaboration and top-notch customer service." Those qualities make her perfect for her jobs as owner, president and certified medical revenue manager at PBT Practice Solutions, LLC, and as performance manager at J&W Collision Repair Center.

She oversees JW Carstar's financial and production efficiency. At PBT, she helps private practice doctors streamline their business, maximize profitability, reduce claims rejection, code reviews, market their services, HIPAA compliance tracking and other issues. "I like knowing the solutions I provide help doctors spend more time and focus with patients and take the worry out of running their business," she said.

Turner grew up in a small Ohio town in the heart of Amish country. She graduated from Berkshire High School in 1997 and The Ohio State University in 2001. She is a member of the McMinnville Area Chamber of Commerce.

Turner lives in McMinnville with her husband and 4-year-old daughter. She enjoys running, spending time with her family, traveling, walking her dogs, reading and listening to stories and podcasts. In the future, she would like to be a camp host.



Brian Turner

GENERAL MANAGER
CO-OWNER

J&W CARSTAR

503.472.0328 | jwcarstar.com
1100 NE Lafayette Ave, McMinnville

Brian Turner is an observant and precise sort of guy. After spending seven years as a golf professional and golf event coordinator, Brian put his precision skills to work in auto insurance claims. There, he noticed the service provided to customers who'd recently been involved in automobile accidents was sadly lacking. Refocused, Brian took on the challenge to join Roger Fowler at McMinnville's well-known, full-service auto body shop, J&W CARSTAR.

A native of Okanogan in North Central Washington, Brian earned a bachelor's degree in history from Washington State University. As general manager and co-owner of J&W CARSTAR, Brian works with dealership and insurance partners to ensure customers' vehicles are restored to pre-loss condition with the help of CARSTAR's 15 dedicated and highly skilled employees.

Brian lives in McMinnville with his wife and their newly adopted 3 year old daughter. An avid alpine skier, Brian loves spending time outdoors surrounded by the beauty of the Pacific Northwest — of course, you might also find him playing golf when he's not helping customers. Brian and his wife are enthusiastic supporters of community dog and cat rescue organizations. He is now serving on the Board of Directors at Michelbook Country Club.



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Lacey Summers

REAL ESTATE BROKER

Bella Casa Real Estate Group

503.435.7059 | TheBellaCasaGroup.com
207 NE 19th St, Ste 100, McMinnville

Lacey Summers grew up in McMinnville and now shares her love and knowledge of the community with buyers moving to the Willamette Valley. After graduating from Santa Clara University, she went on to work in marketing for over a decade before setting her sights on real estate.

Lacey likes to ensure the milestone of selling or buying a house is enjoyable by providing "extras" like staging advice, surprise gifts, and having a seller's house professionally cleaned before an open house.

Lacey devotes herself to each client, taking time to understand their needs and desires. The highly skilled Summers Home Team works with a proactive and innovative approach to exceed client goals. Past clients frequently describe her as warm, patient, considerate, and organized. Outside of real estate Lacey enjoys home remodeling projects with her husband, competitive games, listening to inspiring podcasts, & cheering on her 3 children. Contact Lacey for a consultation to discuss your next move!

- 2023/24 Upcoming President of McMinnville Lions Club
- 2023 member of Yamhill County Board of Property Tax Appeals

THREE TIPS FOR A SUCCESSFUL CAREER CHANGE

If you're interested in embarking on a new career, it's important to consider your options and thoroughly prepare before you decide what to do. Here are four tips to help you make a change.

EVALUATE YOUR CURRENT SITUATION

Take time to reflect on your professional achievements and shortcomings. Assess your skills, interests and values, and identify sources of dissatisfaction with your current job. A period of introspection before a career change will help guide your efforts and ensure you find fulfillment in your new line of work.

USE THE AVAILABLE RESOURCES

There are many services that you can access to help you start your new career. You can visit a local employment centre, sign up for a mentorship program or take an aptitude test. Many of these services are free, so take advantage of them.

GET THE RIGHT TRAINING

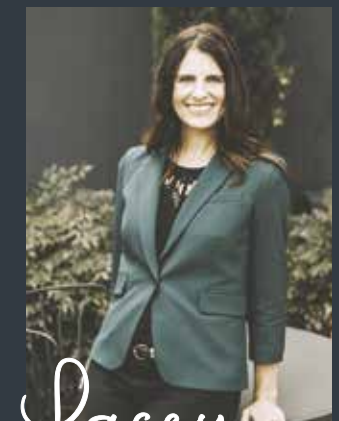
In some cases, a career change will mean you have to return to school. Rather than enroll in a full-time program, consider taking various training courses and workshops relevant to your new field. This will allow you to broaden your skill set while maintaining a healthy balance between work, school and family. Finally, to ensure you'll be interested in your new career, start by volunteering or taking on freelance projects in the industry.



Testimonial

"The heart and work ethic that Lacey brings makes this difficult process much less stressful. Lacey truly possesses the best qualities of a salesperson: effort, honesty, tenacity, and kindness. She puts in the extra work toward building a relationship by asking questions and listening. She offered honest advice and allowed us to make our own decisions as she guided us in both the buying and selling of our house."

— Kristen Schafer



Lacey Summers

Summers Home Team
Licensed Oregon Broker
Offices in McMinnville & Newberg
503.435.7059
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Heather Ankeny

CUSTOMER SERVICE REPRESENTATIVE

Oregon Lithoprint Inc.

503-687-1210 | Oregonlitho.com
1315 NE Miller St, McMinnville

Heather Ankeny loves working and interacting with people on a daily basis. No wonder she chose to become a customer service representative.

At Oregon Lithoprint Inc, a printing company in McMinnville, Ankeny is responsible for producing job plans so the OLI production crew can meet its customers' expectations. She also takes care of invoicing and general customer service.

The best part of her job, she said, is “the company I work for, my customers, and the people I get to work with every day.”

With 20 years of customer service experience already under her belt, she plans to continue growing within Oregon Lithoprint and the industry.

Born in Southern California, she moved to Eugene during her freshman year of high school.

The mother of “one amazing teenage boy,” Ankeny has lived in McMinnville for about five years. “It's beautiful out here,” she said. “It's like living in the country, but you're only a hop, skip and a jump to the big city of Portland or to the coast.”

She and her son enjoy hanging out together, going camping and playing disc golf.



Jason Cook

OPERATIONS SUPERVISOR

Oregon Lithoprint Inc.

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Jason Cook oversees and supervises bindery department as well as general operations at Oregon Lithoprint, which prints the News-Register twice a week and many other publications sent around the Northwest and beyond.

In other words, he's responsible for everything from repair and maintenance of equipment used for binding publications to maintaining inventory, training new employees, managing the facilities and quality control.

He came to Oregon Lithoprint after finishing a tour in the military. A family member was working at the printing plant, so he applied for a job there as well.

He said one of the best parts of his job is being constantly busy. He also likes training new employees and watching them grow and learn.

Born in Sacramento, Cook moved to Oregon in 2007. He graduated from high school before joining the Army. He served as a combat engineer, during which he learned a variety of skills, including mechanics, heavy equipment operation and electrical work. He and his wife live in McMinnville with their 9-year-old daughter. He enjoys “anything outdoors,” he said. That includes camping, hunting and “just driving in the mountains exploring” the terrain.



Terri Hartt

ACCOUNTING ASSISTANT

**News-Register
Oregon Lithoprint Inc.**

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As accounting assistant at the News-Register and Oregon Lithoprint, Terri Hart manages the Accounts Receivable department, interoffice management and payroll. She is moving into human resources duties, as well.

She enjoys the people and the company. “Contrary to popular belief, this kind of job has so much variety,” she said. “I never know what I will be facing from one week to another.”

She came to Oregon Lithoprint after working in the machinery maintenance field for several years. She wanted a career change that would let her expand her knowledge and grow. “I knew this would be something I would love doing with my time,” she said.

Hart grew up in Tiller, a very small town in Douglas County, then moved to slightly larger, but still rural Riddle for middle and high school. She went on to Umpqua Community College. Over the years, she has attended many leadership courses, team-building roundtables and production training courses.

She loves gold panning, geology and enjoying local lakes and rivers. Someday, she hopes to buy property in the Amity or Carlton areas.



Jenna Preston

ACCOUNT EXECUTIVE

Oregon Wine Press

503-687-1253 | Oregowinepress.com
1513 NE Miller St, McMinnville

As an Oregon Wine Press account executive, Jenna Preston helps market “all the amazing companies that make our state's diverse wine regions a worldwide destination.” She educated herself about wines after being chided for not knowing the subtle terroir-driven, vineyard specific differences between five Burgundian Pinot noir. “I wanted to make wine a more approachable subject,” she said. Writing for the free, monthly Oregon Wine Press became her goal. “I have always been a pen-and-paper person and infatuated with the Oregon Wine Press,” she said.

Now she enjoys working “for and with really amazing people, all while being a part of preserving the value of the written word.”

A fourth-generation Oregonian, Preston was born in Portland and raised in Vancouver, Washington. In addition to a bachelor's degree in sociology and criminal justice, she holds Wine and Spirits Education Trust Level certification and is a certified Sherry Wine Specialist. She and her husband, Chad, have two cats and a puppy. She hopes to add a ram and a turtle someday. Her plans also include rebuilding engines, restoring classic cars, and maintaining vineyard contracts for the grapes she produces from her land. She enjoys agate hunting, sports, music and everything about nature.



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Rachel Thompson

PHOTOGRAPHER

News-Register

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Rachel Thompson joined the News-Register in 2022. She is responsible not just for taking photos for the newspaper, but also for photo processing, archiving and studio work.

She fell in love with photojournalism while studying at Pacific Union College, where she earned a degree in photography. It gave her “a means of exposing hard truths, affecting change and contributing to the world in a meaningful way,” she said.

Her job allows her to meet people of all ages and backgrounds, “often times at the point of their passions ... living out their dreams, finding their way, making a way for others.” Every day is a new adventure, she said, recalling that one day she photographed a 101st birthday celebration, and five days later the first baby of 2023.

She feels she is “living in and documenting history each day,” she said, adding, “It's a profound honor and responsibility.”

Thompson grew up by turns in Wheeling, West Virginia, and Hilo, Hawaii, with a year in China in between. She lives in McMinnville, where she is close to her family. She enjoys cross-cultural experiences, cooking, eating, kayaking, road trips, worshiping Jesus and serving in ministries to kids and teens.



Dylan Wilhelm

SPORTS EDITOR

News-Register

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P.O. Box 727, McMinnville, Oregon

News-Register sports editor Dylan Wilhelm loves telling stories and sports of all kinds, too. “What better way to combine those loves than writing about sports?” he said.

Wilhelm, who joined the News-Register staff in 2022, creates and manages all sports content in the newspaper and its website. He attends multiple sporting events each week around the county, covering six high schools and Linfield University.

What he enjoys most, he said, is building relationships with coaches and players. “The games themselves are fun to watch and report on, but without the insight from coaches and players I would not be able to do what I do,” he said. He added that he's always looking for story ideas from community members

Born in Texas, Wilhelm grew up in Puyallup, Washington. He earned a bachelor's degree in sports journalism from Arizona State University. In college, he covered multiple professional and collegiate events, including the WAC basketball tournament. He also had the chance to speak one-on-one with many prominent Arizona sports figures, including Jason Terry and Joe Garagiola Jr.

Wilhelm enjoys living in McMinnville because of its small-town community feel. He likes outdoor activities such as hiking, camping, swimming and snowboarding.



THE BEST CAREER BY PERSONALITY TYPE

If you’re trying to determine what type of career would most suit you, here are some suggestions based on five key personality traits.

FOR THE ASSERTIVE

If you like to take charge and have strong leadership skills, you may find that management positions are a good fit for you. They’re available in a wide range of industries and sectors, so you’re sure to find one that suits your interests.

FOR THE METHODICAL

If you’re highly organized and meeting deadlines is your forte, you might be interested in a career as an administrative or legal assistant, dental assistant, chef, truck driver or landscaper. Being organized and capable of meeting deadlines is essential in many professions.

FOR THE COMPASSIONATE

If you’re passionate about caring for others and meeting new people, you may want to consider a career as a caregiver, nurse’s assistant or orderly. From home care to hospital work, there are many fulfilling positions available.

FOR THE TACTILE

If you love working with your hands, consider jobs in the industrial and agricultural sectors. From machinery operators to mechanics and farmhands, there’s a variety of positions available to satisfy hands-on types.

FOR THE INNOVATIVE

If you like to create and innovate, then a career as a programmer, web designer, engineer or researcher could be right for you. As technology becomes more central and the challenges posed by global warming become more pressing, we need more innovators on the front lines. Whatever kind of person you are, there’s a career path that’s right for you. To delve further into the subject of career options based on personality traits, visit jobbank.gc.ca/career-planning.



Whitney Anderson Gonzales

DPT

DOCTOR OF PHYSICAL THERAPY

Andrew Physical Therapy
Orthopedic & Sports Rehab

503.435.1900 | AndrewPT.com
2025 NE Baker St, Ste A, McMinnville

Whitney grew up playing sports locally and graduated from Willamina High School in 2014. She then played collegiate basketball at Willamette University in Salem, and graduated with a Bachelor’s Degree in Exercise Science in 2018. Whitney finished her Doctorate of Physical Therapy from Saint Francis University in Loretto, Pennsylvania, in 2021.

Whitney decided to return to the area where she grew up with her husband, Agustin. She enjoys being active, especially when it involves the outdoors. Hiking and snowboarding are among her favorite hobbies. Whitney also likes training CrossFit and learning about health and wellness.

Whitney enjoys working with people of all ages to personalize their recovery, in both English and Spanish. She is happy to use her knowledge of exercise and movement and her hands-on skills to help others.



Jordan Visser

DPT

DOCTOR OF PHYSICAL THERAPY

Andrew Physical Therapy
Orthopedic & Sports Rehab

503.435.1900 | AndrewPT.com
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When he was a teenager, Jordan Visser suffered a knee injury while playing high school basketball. Passionate about sports and physical fitness, Jordan hated being sidelined and was grateful when treatment by his physical therapist got him back in the game. Little did he know his own success would launch his adult career path.

As a physical therapist at McMinnville’s Andrew Physical Therapy, Jordan is passionate about getting his patients back into their own games, whether it’s sports, outdoor recreation or just day-to-day living. Born in Anchorage, Alaska, Jordan earned his undergraduate degree and Doctor of Physical Therapy from George Fox University. Jordan loves the work ethic evident in the Yamhill Valley and enjoys helping his patients feel better and perform their best.

Jordan lives in Newberg with his wife and children. When he isn’t busy helping his patients regain their strength, Jordan enjoys Pacific Northwest outdoor activities like hiking and backpacking.



John Andrew

DPT

DOCTOR OF PHYSICAL THERAPY
CERTIFIED M.D.T., C.S.C.S.

Andrew Physical Therapy
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When John Andrew, DPT, Cert. MDT, CSCS launched Andrew Physical Therapy, he wanted to provide a place where science, education and caring came together to give his patients genuine relief from pain. Today, John’s cheerful outlook and positive can-do attitude permeate the clinic. His passion for helping his patients lessen their pain and return to their favorite activities is evident in the way his clinic functions. John emphasizes a hands-on approach and encourages patient education. John holds a master’s degree and a Doctor of Physical Therapy (DPT) from the University of North Dakota School of Medicine and Health Sciences. He was awarded his Certified Specialist in Conditioning & Strengthening (CSCS) in 1997. In 2011 John completed his training with the McKenzie Spine Institute, becoming the first Certified McKenzie Spine practitioner in McMinnville. As a certified practitioner in mechanical diagnosis and therapy, John is trained to help find a solution to musculoskeletal problems, especially as they relate to the spine. John lives in McMinnville with his wife and daughters. In his spare time, he enjoys hiking, bicycling, weight training, surfing, stand-up paddle boarding and spending time with his family.



Kerry Hoffman

DPT

DOCTOR OF PHYSICAL THERAPY
CERTIFIED M.D.T., C.S.C.S.

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Born and raised in Montana, Kerry is now happy to call Oregon home. She attended the University of North Dakota in Grand Forks, earning her Bachelors in Athletic Training in 2019 and continuing on to achieve her Doctor of Physical Therapy in 2022.

Kerry enjoys treating patients of all ages and conditions, with a passion especially for pelvic health and orthopedic pediatrics. She enjoys building relationship with each and every one of her patients and developing personalized care to help others live a healthy and optimal lifestyle they enjoy.

In her spare time, Kerry enjoys spending time with family, friends, cooking, and keeping up an active lifestyle. She loves hiking, running, biking, weight lifting, backpacking, and skiing and is excited to explore all Oregon has to offer.

& Motivation Inspiration

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- Work-Related Injuries
- Neck Pain/Headaches



Jordan Visser,
DPT



Matthew Lund,
DPT



Katie Jacobson,
DPT



John Andrew,
DPT



Kerry Hoffman,
DPT



Whitney Anderson
Gonzalez, DPT



Zach Christenson,
DPT



Don Bailey,
PTA



Tani Mollahan,
PTA



Jared Russell,
PTA



Jessica Blanchard,
PTA



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