

# Bumps & Bruises Sports Medicine Clinic

Clinic will take place on the  
following Saturdays:

September 16  
September 23  
September 30  
October 7  
October 14  
October 21  
November 4  
November 11

Saturday Mornings

8:00-10:00 am

**1st COME 1st SERVED**

NO APPOINTMENTS!

**Derek D. Rains MD**

Willamette Valley Orthopedics and Sports Medicine

2700 SE Stratus Ave. SUITE 303

(503) 435-4520

**FREE - X Rays**

**FREE Braces**

**FREE Physical Therapy**

**FREE Orthopedic Sports Medicine Consultations**

**No Insurance Required - It really is FREE!**

