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WOMEN OF THE YAMHILL VALLEY

A SPECIAL PUBLICATION OF THE NEWS-REGISTER PUBLISHING Cº

On the cover: Scene from the inaugural Assemblage Symposium at the Mac Market in McMinnville, January 2020. Photo by Carolyn Wells-Kramer, CWK Photography.

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n the midst of adversity there are often people who inspire great admiration-those whose actions reflect grace, grit and above all a willingness to grow. Over the course of the past year I have watched as friends, colleagues and neighbors have risen to the challenge of navigating a global pandemic that has reached nearly every corner of our daily lives.

No one has been untouched, and yet I have stood in particular awe watching women in our community balance their ever changing and expanding roles, as they navigate leading businesses through a constant state of change while frequently balancing homes that now double as classrooms.

The women of the Yamhill Valley have shown themselves to be nothing if not resilient, learning how to adapt their professional lives to the present moment, while simultaneously preparing for a future that will undoubtedly look quite different from the immediate past. They have approached these obstacles with creativity and passion, finding ways to deliver smiles from behind a mask; keep businesses afloat when customers could no longer come inside; and keep employees and co-workers safe and healthy. They developed new ways to provide service on the fly, moving diners to the sidewalk or seeing clients over Zoom. They adapted when they had to and grew because they wanted to. Above all, they have exemplified a spirit of hope and a reminder that out of the most difficult situations, new ideas and adaptations can lead us towards a brighter future together.

Erin Stephenson

ERIN STEPHENSON Co-Owner, Atticus Hotel & 3rd Street Flats

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Jessica Black

CARING PHYSICIAN BUSINESS OWNER AND CEO GLOBAL LECTURER

A Family Healing Center, P.C. AFamilyHealingCenter.com 829 NE HWY 99W. McMinnvil 503-883-0333

As a young child, Dr. Jessica Black knew she'd pursue a career as a physician. When she discovered achievable improved health through natural treatments, Dr. Jessica was hooked - she knew she'd found a superior form of medical care that did far more than suppress patients' symptoms. She loves that naturopathic care excels at triaging patient care, knowing what needs to be addressed immediately, and what can be addressed over time. A naturopathic physician at A Family Healing Center, Dr. Jessica's passion for her work is palpable. Her extensive research and partnerships have made Dr. Jessica an expert at hormone balancing and treating acute and chronic patients. She also treats difficult mood disorders like anxiety, depression, bipolar and behavior disorders in children. Dr. Jessica loves seeing and treating patients in the family atmosphere at A Family Healing Center. She also creates individualized treatment plans with a whole body approach.

Dr. Jessica stresses that she takes her time with her patients to figure out what is really going on in patients that have struggled to get a diagnosis from traditional medicine. Once she has helped come to a diagnosis with her patients, she is able to restore their bodies to a better state of health, which is her top priority.

Dr. Jessica has authored five books. Her first – The Anti-Inflammation Diet and Recipe Book – still maintains best-seller status. Dr. Jessica is a national and international lecturer. She, along with her husband, also a practicing naturopathic physician, keep busy studying, researching, writing books, donating time to philanthropic organizations and serving on boards for volunteer and state organizations. Dr. Jessica loves to take time to enjoy her family and keep herself healthy by exercising and generally trying to uphold the standard of being a good person who loves serving people.





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Ashley **Latham**

ADMINISTRATOR

Marjorie House Memory Care Community MarjorieHouse.com 2855 NE Cumulus Ave, McMinnville 503-474-4222

As administrator of Marjorie House, Ashley provides a key balance of excellence in quality care along with genuine compassion while caring for our residents and their families.

She brings 11 years of experience in long term care including working as a med tech, in-care giving and as a Resident Care Coordinator. Ashley received her Administrative Certificate in 2015 and is honored and excited to bring her experience and heart here to our Marjorie House family.

She keeps herself and her staff up to date on the latest in dementia care training and believes it is a privilege as well as a priority to provide resident centered care. Ashley sincerely enjoys getting to know our resident families, helping them along their loved ones journey. She walks together with them through the challenges, trials and beauty of dementia care, providing a combined effort to give our residents the best experience possible.

Ashley likes spending time with her fiancé, Kory, and their dog, Jackson. They love the outdoors, hiking, and traveling. Ashley also enjoys painting, gardening, and volunteering at her church.



Marjorie **House**

MEMORY CARE COMMUNITY

Marjorie House Memory Care Community MarjorieHouse.com 2855 NE Cumulus Ave, McMinnville 503-474-4222

Caring for a loved one with dementia can be difficult. There may come a time when you need help from professionals who are experienced and passionate in caring for residents. At Marjorie House Memory Care Community, our caregivers are much more than just employees. They understand the special needs of residents with all forms of dementia as well as the needs of their families. Our staff is trained specifically in managing the needs and daily potential of each resident, so your loved one can enjoy life to the fullest, each according to their present abilities.

Our facility is home to our residents, and our caregivers work to make the residents feel at home. We are not a traditional nursing home or retirement center. Instead, we are a unique facility designed specifically to provide senior care for residents with memory loss conditions, including Alzheimer's and dementia. Learn more about the specialized services we provide. Each life has potential—of one level or another—until the end of life. Our staff discovers that potential, designs appropriate activities to serve that potential, and continually assesses change to each resident's potential.







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Sandy Willius

ASSISTANT VICE PRESIDENT & COMMERCIAL LOAN OFFICER

Citizens Bank

swillius@citizensebank.com 455 NF Baker St. McMinnville 503-474-9441

Sandy Willius has a strong desire to help others and make a difference. She has found a perfect way to do that as assistant vice president and commercial loan officer at Citizens Bank. Her job entails building long-term relationships with customers, working with local businesses to help them succeed and providing customized lending solutions. She works with a variety of types of lending, including real estate, equipment and inventory loans as well as working capital lines of credit.

Sandy has more than 27 years in the banking industry, ten of them at Citizens Bank. Her experience has given her great respect and admiration for business owners. Especially during the pandemic crisis, she has seen them give their all to keep their businesses running and to help the community. She is happy to be part of the amazing team at Citizens Bank. She admires how they collaborate to find financing solutions that help businesses grow.

Outside of work, Sandy is active in the McMinnville Kiwanis Club. She and her husband have a daughter and a son. Sandy enjoys spending time with her family and friends, and going to the beach.



Dawn Owens

OPERATIONS OFFICER

Citizens Bank

dowe@citizensebank.com 455 NE Baker St. McMinnville 503-474-9441

Dawn Owens has always loved helping people and working with numbers, making banking the perfect career for her. As operations manager at Citizens Bank in McMinnville, Dawn supervises tellers and new accounts representatives, helps with scheduling, assists the manager and serves customers, as well. To Dawn, there is nothing more rewarding than assisting customers and seeing them succeed.

Dawn grew up in Sheridan and graduated from Sheridan High School. She studied business management and accounting at Chemeketa Community College. She started her career 22 years ago at a small credit union in Colorado, working her way up from teller to head of new accounts, then moved to a larger community bank. Citizens Bank soon became her home when she returned to Oregon in 2007. She loves both her coworkers and her amazing customers.

Dawn is active with the Yamhill County Relay for Life, which raises funds to help cancer patients and research into stopping the disease. She belongs to McMinnville noon Kiwanis. She completed the Chamber Leadership Program in 2019.

Dawn enjoys spending time with her husband, Rick, two children and five grandchildren. She loves traveling, wine tasting and working in the yard.



Teresa Smith

VICE PRESIDENT COMMERCIAL LOAN OFFICER

Citizens Bank

citizensebank com 455 NE Baker St, McMinnville 503-474-9441

Teresa Smith knows the value of a strong local economy. As vice president and commercial loan officer at Citizens Bank in McMinnville, Teresa enjoys helping people make their dreams become reality by creating successful businesses. Teresa's greatest reward is seeing her clients grow and achieve success.

Teresa grew up in McMinnville and has over 40 years of banking experience. She tries to make the borrowing experience as painless as possible as she coaches individuals through the process. Teresa is also President of Community Home Builders that assists low to moderate income families build their own homes. In the 30 years as President they have assisted over 260 families achieve home ownership throughout Yamhill County. In addition she is the secretary for the McMinnville Noon Rotary, Vice President for McMinnville Industrial Promotions, Inc, Treasurer of McMinnville Economic Development Partnership, a member of the Yamhill Chapter of Women for Agriculture and was named McMinnville's Woman of the Year in 2020.

Teresa and her husband, Duane have been married for 42 years and have two grown sons. When she's not serving her clients, Teresa loves spending time with her granddaughters, gardening or competing on her cutting horse.



Jackie Hausman

LMT / ARTIST

Jackie Hausman Studio

205 SW 7th St, Dundee 971-241-4709

Jackie Hausman combines visual art with the art of massage at her studio in Dundee, which is filled with her paintings and art journals as well as her massage equipment.

Art and massage are similar, she said: both creative and healing. "I enjoy helping people relax and relieve their pain through therapeutic touch," she said

A Willamette Valley resident since 1998, she has always been an artist. In 2009 she became a Licensed Massage Therapist, as well, offering techniques such as Swedish, Gua-Sha, Silicone Cupping, Reiki and Shamanic energy healing.

She offers spa body treatments, therapeutic mud wraps for detoxing and nourishing, and salt and sugar scrubs for exfoliation, hydration and cleaning the skin and energy field. The treatments are designed to tone, moisturize, nourish, detoxify and relieve pain. Mud wraps are highly beneficial for those with arthritis due to the high mineral content which is absorbed through the skin.

"Working with the energy of the earth and minerals enhances and connects one to the elements," she said.

Hausman's visual art has been featured in galleries, art fairs, local shops and farmers markets. She is developing classes in art journal making, intuitive collage and other creative arts.



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Emily **Wood**

CLINIC DIRECTOR PHYSICAL THERAPIST

Therapeutic Associates Ability Physical Therapy

TherapeuticAssociates.com/AbilityPT 2191 NW Second St, Bldg 4, McMinnville 503-434-9594

After undergoing rehabilitation from several injuries herself, Emily Wood, clinic director at Therapeutic Associates Ability Physical Therapy in McMinnville, knew the importance of recovery.

She knew, as well, that she wanted to help other people reach their recovery goals. So the Medford native studied exercise science at Willamette University and went on to earn a doctorate in physical therapy from the University of Southern California.

Wood is an orthopedic clinical specialist, a ASTYM certified provider and certified manual physical therapist. She is trained through Herman and Wallace to provide pelvic health treatment to both men and women, as well.

She enjoys working with members of the fantastic team at Ability Physical Therapy, who are like a second family to her. They support one another in their efforts to have a positive impact on patients who come in for recovery or proactive therapy. They help patients in a warm therapeutic pool, as well as using other equipment and techniques.

Wood lives in McMinnville with her husband, Kevin, their young son, Jackson, and golden retriever, Theo. She enjoys traveling, hiking, running and skiing.



Christy Summers PT, DPT, CSRS

PHYSICAL THERAPIST

Therapeutic Associates Ability Physical Therapy csummers@taipt.com 2191 NW 2nd St, Bldg 4, McMinnville 503-434-9594

Christy received her BS in Exercise Science from Pacific University in 2003. She went on to pursue her passion for physical therapy and earned her Doctorate in Physical Therapy from Pacific University in 2006.

Christy enjoys working with patients from all backgrounds and strives to help them achieve their goals and improve their quality of life. Christy's clinical interests include stroke recovery, post-operative rehabilitation, fall prevention, neurological and balance disorders, orthopedic injuries, and oncological rehabilitation. After rigorous training and certification, she is recognized as a Certified Stroke Rehabilitation Specialist. Over the last several years, she has developed a new passion and is pursuing advanced training in pelvic rehabilitation and oncological rehabilitation.

Outside of the clinic, Christy enjoys spending time with her husband and three children. She enjoys camping, fishing, gardening, and attending her children's sporting events.



Natalia DiStefano-Hural

PHYSICAL THERAPIST ASSISTANT

Therapeutic Associates Ability Physical Therapy

TherapeuticAssociates.com/AbilityPT nataliad@taipt.com 2191 NW Second St, Bldg 4, McMinnville 503-434-9594

As a physical therapist assistant at TAI Ability Physical Therapy, Natalia DiStefano-Hural treats musculoskeletal injuries and dysfunctions through manual techniques and exercises.

Always interested in the medical field, she first learned about physical therapy as a patient. She saw people from all walks of life who also were working hard on their own recovery. "That was my lightbulb moment," she recalled. "I wanted to be part of this world."

DiStefano-Hural, who grew up west of Seattle on Bainbridge Island, Washington, graduated from Seattle's Pima Medical Institute in 2018. She moved to McMinnville with her partner and son three years ago to join TAI Ability.

She really enjoys working one-on-one with a variety of people, hearing their stories and helping them improve their quality of life

Her clinic specializes in pelvic and women's heath, and she is currently taking a course to become a pelvis health specialist. As a mother herself, she said she finds it easy to relate to her patients on a personal level, too.

She and her partner plan to marry in May 2022. She loves to hike, camp and swim with her partner and son, a first-grader.



Debra **Cross**

HOPE HOUSE MANAGER

Provoking Hope ProvokingHope.com 213 NE 10th St, McMinnville

For Debra Cross, supporting other women is the best part of being a Hope House manager with the Provoking Hope Addiction Resource Center.

The organization provides a safe & sober environment for people in recovery and gives women a stepping stone to the next chapter in their recovery journey, Cross said.

She joined Provoking Hope in 2014 so she could make a difference and give back to others in recovery by helping them understand the resources available to them in the community.

Her duties include budgeting, doing progress evaluations, organizing chore lists and house meetings, and making sure that everything is running properly. She has taken part in CRM management trainings.

As a professional woman in the Yamhill Valley, she said, her options are always open. Her goal is to continue to be part of community recovery houses for many years in the future.

Cross lives in McMinnville. She has two grown children, six grandchildren and a great-grandchild on the way. She enjoys spending time with her family and holding barbecues and other gatherings.





Lucetta Elmer

ENTREPRENEUR

Douglas on Third, Union Block Coffee, The Oak lucetta4@gmail.com PO Box 237, McMinnville 503-437-1380

Entrepreneur Lucetta Elmer works with managers of three downtown businesses, Douglas on Third, Union Block Coffee and The Oak, to make sure they are thriving. She's been in business since 1997. Lucetta and her husband, Denny, have owned the Douglas building since 2008, Union Block since 2011 and The Oak since 2016. They also own RV parks in Oregon and Washington, as well as Craftmark, a reclaimed wood business in the industrial park.

Entrepreneurship is in her blood. Growing up on a farm between Sheridan and Willamina, she watched her entrepreneurial dad, and learned that the world of business requires a strong work ethic, an ability to handle any situation and to figure out solutions to whatever challenge comes her way. A Linfield College graduate with a degree in elementary education, she uses teaching skills as she works alongside and leads people. She finds the Willamette Valley a wonderful place to live and work. She and her husband are members of the McMinnville Area Chamber of Commerce and the McMinnville Downtown Association board. The Elmers have four children. Lucetta enjoys traveling and spending time with her family.



Tammy Magestro

OWNER

Tammy's Cleaning Service McMinnville 503-437-8897

It's funny how things work out. When a friend asked Tammy Magestro to clean his office, she found she enjoyed the work immensely. Even better, Tammy did such a good job, her friend asked her to clean his offices, too — and Tammy's Cleaning Service was born! Skilled and efficient, Tammy prides herself on outstanding cleaning for both commercial and residential clients.

A native of Newberg, Tammy was raised in McMinnville. She spent several years in college pursuing a nursing degree before launching her cleaning service. Tammy is possessed of particular skills in helping clients remedy situations requiring extreme cleaning or organization abilities. Nothing delights Tammy more than seeing clients happy with the results of her work!

A mother to three grown daughters, Tammy lives in McMinnville. When she's not helping clients, Tammy enjoys gardening, camping, fishing, crocheting or spending time with friends, family and her beloved cats. She also serves as a dedicated volunteer at the Homeward Bound Spay/Neuter Clinic.



Kelsey Hulse loves her job as assistant manager of the Larson House Pizzeria &Eatery in Yamhill. She helps manage the restaurant, orders what's needed for the front of the house, and schedules, trains and coaches employees.

"I don't feel like this job is always just 'work," she said. "It's always a fun environment."

She was looking for a temporary change in her life when she took her first food service job. It let her be outgoing and express herself, and now she's hooked on the restaurant industry.

She started at Carlton Corners, the Carlton eatery owned by the same family, in 2019. She transferred to the Larson House when it opened in late 2020.

She enjoys being part of a close team. Together, she and her coworkers have made it through the opening of the restaurant, and now they are looking forward to the future.

Now a Carlton resident, Hulse grew up in Porterville, California, graduating from high school there and taking some college courses.

Hulse and her fiance, Julian, have a 3-year-old son, Zayden. She hopes to open a dog rescue someday.



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ASSISTANT MANAGER

Larson House Pizzeria & Eatery

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Leslie Zook

DIRECTOR OF SALES & MARKETING

Ticor Title Company

leslie.zook@ticortitle.com McMinnville and Newberg 503-586-8548

Leslie Zook is a McMinnville girl, born and raised! She thoroughly adores our local communities! She enjoys a bite at one of the amazing local restaurants, sipping local world-renowned wine and serving in one of the many outstanding local non-profits.

Nine years into her career with Ticor Title, she can say she LOVES her job! She is now working as the Director of Sales & Marketing for Ticor Mid-Valley operations. She works alongside the sales team by coaching, training, and providing marketing support. After spending the last eight years helping local real estate professionals grow their business, she now has the privilege of aiding her fellow team members to grow and succeed in their careers within Ticor Title.

Leslie also owns Flourish Events & Design, a local wedding and event planning business, and serves as Secretary for the well-known "See Ya Later" Foundation. When she's not working or volunteering, Leslie enjoys traveling, cooking, and creating fun memories with her family.



Cyndy Willis

ESCROW OFFICER

Ticor Title Company

cyndy.willis@ticortitle.com 1215 NE Baker St, McMinnville 503-472-6101

For Ticor Title Escrow officer Cyndy Willis, McMinnville and the Yamhill Valley aren't just a market. It's where she calls home, where she grew up in and raised her family. She fell into the industry easily after two years of college. She has worked for Ticor Title for 18 years performing numerous jobs, including front desk, recording, clearing title, assisting and now an Escrow officer.

McMinnville is where Cyndy and her husband (Dwayne) have raised their two daughters, now 22 and 20. Stephanie, the oldest, is graduating from Linfield University this May and then will live and teach abroad for 2 to 4 years. Melainie, the youngest, is finishing two years at Chemekata Community College and deciding what her next adventure will be. Cyndy, a dog-lover, has 3 puppies, Junior, Zeke and Oakely. Willis and her family enjoy camping, fishing, kayaking, paddleboarding and hiking. She loves to stay active inside and outdoors to stay in shape, and she does! She participates in McMinnville CrossFit and has also competed in multi runs including triathlons, sprints and a half ironman. She loves wine tasting with family and friends.

Willis has been in the industry more than two decades and her favorite part of the job is the people she works with, both co-workers and clients. Where does she see herself 20 years from now? "Retired, and living in Central Oregon, Idaho or Montana with her husband," she says.



Tiffany Best's local roots and ties are deep: The 40-year-old Senior Escrow Officer was raised in Lafayette. She went on to graduate from McMinnville High School, and from there it was on to Western Oregon University to study business management.

"After college, I knew that I wanted a professional office job," she said. It was an easy call to go for Western Title, now Ticor Title, where she has worked for 18 years, closing real estate and loan transactions for Yamhill County and surrounding areas in the Willamette Valley. The favorite part of her job? "My co-workers," she says proudly.

Tiffany and her husband Jay make their home in McMinnville with two daughters ages 14 and 12. Along with cooking and gardening, she is also active in the McMinnville Lions Club, and she's a committed fan of the Portland Trailblazers and OSU football and baseball.



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Kimberly Dunckel believes that most successful women leaders are those who are big on team-building, enforcing core values, and ensuring that everyone is on the same page. That's what she does at Ticor Title Company in McMinnville, managing the office, maintaining morale and closing residential and commercial transactions.

been in the industry ever since."

A 24-year industry veteran, Kim tracks the latest policies and technology to keep up with the fast-paced market. She understands that every transaction is unique, and loves the feeling of successfully completing a deal that is particularly complex.

Tiffany Best

SENIOR ESCROW OFFICER

Ticor Title Company

tiffany.best@ticortitle.com 1215 NE Baker St, McMinnville 503-472-6101



BRANCH MANAGER SR. ESCROW OFFICER

Ticor Title Company teamkimd@ticortitle.com 1215 NE Baker St. McMinnville

Kim is originally from California and has made her home in McMinnville since 1993, where she and her husband have raised their children, enjoying beach trips and camping together. She's from a real estate family, which is where her interest in the profession was sparked. "They encouraged me to give it a try," she says, "and I have



Jade **Bachmeier**

SALES EXECUTIVE

Ticor Title Company

iade.bachmeier@ticortitle.com 1215 NE Baker St, McMinnville | 971-312-1452 115 N College St, Ste 2, Newberg | 503-542-1400

For Jade Bachmeier, the best part of her job is all the wonderful people she works with. Whether it's excited clients or professional real estate agents, Jade loves helping people succeed and building lifelong friendships.

As a sales executive for Ticor Title in McMinnville, Jade helps clients build their businesses and achieve their dreams. Whether marketing for Realtors or making sure everything is going smoothly in the office, Jade is eager to see her clients and colleagues have the smoothest experience possible in the complex world of real estate transactions.

After graduating from Amity High School, Jade attended Chemeketa Community College. A native of the charming town of Amity, she has family all over the Yamhill Valley. Jade is a member of the Yamhill County Association of Realtors (YCAR) and the McMinnville Area Chamber of Commerce (MACC).

When she's not busy at work, you might find Jade spending time with her Corgi (Jim) and taking him on hikes and new adventures.



Mary Jane Hendrix

SENIOR ESCROW OFFICER BRANCH MANAGER

Ticor Title Company maryjane.hendrix@ticortitle.com 115 N College St, Suite 2, Newberg 503-542-1400

Mary Jane Hendrix enjoys working with numbers and with the challenges of escrow, a key part of the property buying process. But what she loves most is people -- both her clients and her coworkers. As senior escrow officer/branch manager of Ticor Title in Newberg, Mary Jane reviews closing statements and disclosures for compliance; coordinates files to ensure scheduled loan closures; and prepares and examines escrow documents according to strict state closing guidelines. She didn't know what "escrow" was when she started working as a secretary for a title company at age 20. She considers herself blessed that her manager and coworkers believed in her and trained her in every aspect of the business.

More than 36 years later, Mary Jane is adept at every facet of the escrow business. It's her dream job. She loves helping people, as well. Mary Jane loves living in Wine Country, where she has made lifelong friends and feels respected as a professional woman by homeowners, buyers new to the area and others in the real estate industry.





As a person who lives here, plays here, works here and raises a family here, Stacy Martin is uniquely positioned to share her passion for the Yamhill Valley with others. A real estate broker at McMinnville's Willamette West Realtors, Stacy does just that as she shepherds her clients through the process of buying and selling local properties. It is this special connection to the local community that allows Stacy to give every client top-notch service.

Along with fellow Willamette West broker Jen Feero, Stacy helps find the perfect fit for a client's needs and wants. Nothing pleases Stacy more than helping a client achieve his or her dreams of home ownership!

A lifelong resident of the Yamhill Valley, Stacy is a graduate of Western Oregon University and Portland State University. A former educator, Stacy is active in community events and enjoys local restaurants and shops. In her spare time she likes to enjoy nature, try new recipes and listen to music.



Stacy **Martin**

REAL ESTATE BROKER

Willamette West Realtors

708 N Baker St, McMinnville 503-560-2144



Jen **Feero**

REAL ESTATE BROKER

Jen Feero knows her passion for life in the Yamhill Valley makes her a perfect ambassador for people interested in moving here. After all, Jen's own love for the area is why she lives in the valley. As a real estate broker at McMinnville's Willamette West Realtors, Jen puts her enthusiasm for local life to work for clients as they buy and sell property throughout the valley. Along with Stacy Martin, a fellow Willamette West broker, Jen can help buyers and sellers achieve their dreams.

A Yamhill Valley native, Jen considers herself lucky to be a part of this amazing community which is always changing, growing and giving. Jen knows the dining, shopping, art, education and agricultural opportunities offered in the area are appealing to people from all over.

A graduate of the University of Oregon, Jen is active in the local community — she was deeply honored to be named McMinnville's Outstanding Junior Citizen in 2018. In her spare time, Jen enjoys reading, gardening and spending time with her dogs.

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Annie Govig DPT

DOCTOR OF PHYSICAL THERAPY

Andrew Physical Therapy

AndrewPT.com 2025 NE Baker St, Ste A, McMinnville 503-435-1900

Annie was born and raised in Sherwood, Oregon and has returned to the Pacific Northwest after earning her doctorate in physical therapy at Regis University in Denver, Colorado.

Prior to graduate school, Annie attended Oregon State University as a studentathlete: earning a degree in kinesiology while playing for the women's soccer team. Her time at Regis only continued to reinforce and further develop a set of core values originally established through sport: teamwork, open communication, dedication to excellence, and care for the whole person.

In her spare time, Annie enjoys spending time outdoors with friends and family and has found a new passion for trail running. She continues to play soccer in local indoor leagues, and is happy to still participate in the sport she loves.



Tani Mollahan

ΡΤΑ

PHYSICAL THERAPIST ASSISTANT

Andrew Physical Therapy

AndrewPT.com 2025 NE Baker St, Ste A, McMinnville 503-435-1900

Tani Mollahan is a licensed physical therapist assistant who graduated from the Mount Hood Community College Physical Therapist Assistant Program. With over 29 years of experience, Tani's broad background ranges from inpatient and outpatient care to pool therapy and home health. Tani's extensive training in therapeutic exercise enables her to design highly-effective specialized programs. Known for her "good hands," Tani's manual therapy ability and deep soft-tissue skills are a real asset at the clinic.

Tani is married and has two daughters. She has lived in and served this community for almost 30 years. An avid runner, you might see Tani running through some of the local wooded trails on weekends. Tani believes that health is a lifestyle that requires proper choices every day.

Tani's attitude is a tremendous asset to patients during the rehab process. Her positive attitude helps propel patients to new levels. Andrew Physical Therapy is privileged to have such a well-rounded clinician.

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"I have always loved paper and ink," Chelsey Nichol says. Chelsey's family business is printing. In 2010 she started her personal business, Type A Press, a letterpress printing operation.

Her letterpress business was born from her family business. "We had a letterpress sitting in our warehouse for decades, and I always thought it would be neat to learn to use it," Chelsey says.

She built her skills, and discovered a gift for setting type. Chelsey and her press produce custom pieces of art in the form of letterpress greeting cards, invitations and business cards—anything with paper and ink. That love of paper and ink includes consuming as well as producing. As a youngster, she wanted to be a book editor or own a bookstore. As an adult, she reads whenever she can.

her husband Brent.



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Chelsey Nichol

OWNER

Type A Press

typeapress.com 628 NE 4th St, McMinnville, OR 971-237-1400

Type A Press has now expanded with a gift and clothing line inspired by Chelsey's love of her hometown. The products are designed locally and printed by Chelsey and



Amy Wark DMD DENTIST

Wark Dental Group AmyWarkDMD.com 2177 NW Second St. McMinnville 503-472-2125

Amy Wark, DMD, is a graduate of McMinnville High School, where she was a three-sport athlete and recent inductee to the McMinnville High School Sports Hall of Fame. She did her undergraduate studies in biology while playing varsity basketball at Whitworth College in Spokane, Washington. She graduated magna cum laude in 1995 and headed to Portland to attend the School of Dentistry at Oregon Health Sciences University.

Upon finishing her studies at OHSU in 1999, Dr. Wark completed a one-year residency in general dentistry while serving with the Air Force in Dayton. Ohio. It was there that she rounded out her education by learning specialized surgical procedures involving extractions and gingival health. Dr. Wark spent the remainder of her military career in England, and then returned home to join and eventually buy her father's practice. Dr. Wark and her husband, who also manages the practice, spend their free time playing pickleball and enjoying their three children's activities ranging from basketball to whatever sport is in season.

213 NE 10th Street, McMinnville 971.261.2259 | Fax: 503.883.9647 www.ProvokingHope.com



Cami **Nyquist**

EXECUTIVE DIRECTOR

Swedemom Center of Giving, Swedemom LLC, MacHub

SwedemomCenterOfGiving.org Swedemom.com | MacHub.org caminyquist@swedemomcenterofgiving.org PO Box 692, McMinnville 503-474-4725

When Cami Nyquist founded Swedemom.com 22 years ago, she planned to run a global web-based business. She has succeeded; in fact, Swededmom.com was selected by eBay as a top, values-driven seller for their 25th anniversary.

But she also has found ways to enrich the community in which she grew up by adding a charitable arm, Swedemom Center of Giving, which was named 2020 Workforce Partner of the Year by the McMinnville Economic Development Partnership. She also helped found and grow MacHub.

"To be known by your community makes integrity all the more important," she said. "Having the support of my community is tremendous, and I realize I couldn't do any of this without that support."

Nyquist graduated from Mac High in 1981, went on to North Park University in Chicago, then finished a bachelor's degree in communications in 1985 at the University of Oregon. Entrepreneurial by nature, she has been a marketplace platform developer since 1999.

"I try to live my brand: it's about simplicity, compassion and caring," she said. "Wherever I am, I will be encouraging people to come together and help each other out." She enjoys music, being outdoors and identifying plants and animals.



Jean Spalding

PARTNER/BENCH JEWELER

Timmreck & McNicol Jewelers

tmjmac.com | repairs@tmjmac.com 428 NE Third St, McMinnville 503-472-6812

Jean Spalding has a broad range of responsibilities as bench jeweler and partner in McMinnville's Timmreck & McNicol Jewelers.

She sets, repairs and cleans merchandise; communicates with product suppliers; makes buying trips to search for new and unique items to bring to the community; and provides timely and attentive service to customers and makes sure their needs are met.

After graduating from Mac High in 2011, Spalding attended the Portland Jewelry Academy. She learned jewelry making and repair skills, along with techniques for working with gold, silver and platinum.

In 2015, Spalding and her wife, Jordan, then her fiancée, discussed careers. She decided to join her father, Dave Spalding, as a partner in Timmreck & McNicol. She fell in love with working with jewelry and people.

"It's a privilege to educate our customers, guide them on their purchases, give advice or be part of a special moment," she said.

At first, she said, some customers turned to her father for advice and quotes. Now they ask for her opinion and services — "a heartwarming and encouraging transition."

In her spare time, she enjoys gardening, walking her two dogs and playing Dungeons and Dragons and other tabletop role-playing games.





Carice was born and raised in Willamina where she still lives. In 2012 she started at Hampton Lumber – Willamina Division in the Shipping Department in a Clean-Up position. There she learned the specifics of what products Hampton ships and how to tie down rail cars. She had the opportunity to fill in at the Planer on Fridays. Eventually, she bid to the Planer as a Bander Helper and now currently works as a Bander/Package Tech.

The Bander Tech is part of a team of employees that makes sure the units that leave the Planer are ready for shipment to customers. The Bander puts the green straps around each unit of finished lumber when it is completed. Then each unit is tagged with size, length and grade. Quality control is pivotal at this time and the team works hard to make sure customers are receiving a quality product.

Carice has served on the Plant Advisory Committee for a number of years helping make decisions on local community services and donations.

In her spare time, Carice enjoys bei spending time with friends.



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Carice **Scott**

BANDER PACKAGE TECH

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In her spare time, Carice enjoys being outdoors, hiking, fishing, getting tattoos and



Heidi **Davis**

OWNER OF THE LARSON HOUSE

GENERAL MANAGER OF CARLTON CORNERS

Larson House and Carlton Corners

LarsonHouseYamhill.com | CarltonCorners.com 240 N Third St, Carlton 503-789-2291

Heidi Davis had wanted to own a restaurant since she was a youngster, especially if she could own one with her father, Mike Larson, and moreso if it was called "The Larson House."

Now her dream has come true: The pizzeria they opened in 2020 is called just that.

In addition to owning The Larson House in Yamhill, Davis is general manager of her dad's restaurant, Carlton Corners, where she's worked since 2016. She also is a director on the Carlton Business Association.

The best thing about her jobs: people, Davis said. She loves the employees and the customers at both sites.

"I think it makes it even better being in a small community because we build such strong relationships with our regulars," said Davis, a Rex Putnam High graduate who has college classes and leadership and management courses under her belt. "I feel very connected to my community."

Davis lives in Carlton with her husband, Jordan, and five fur babies. A music lover, Davis enjoys singing and is learning to play piano. She and her husband also enjoy travel and adventures.

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www.therapeuticassociates.com/AbilityPT



Grace Garcia

PRESIDENT

Muchas Gracias Mexican Restaurant MuchasGraciasRestaurant.com 220 NE 12th Street McMinnville 503-560-1401

Everyone knows Muchas Gracias Mexican Restaurant is a staple of the McMinnville food scene, but it's easy to miss the behind the scenes of what it takes to keep a restaurant going. The dedication it takes to run a restaurant in the best of times is immense. But even a pandemic cannot slow down Grace Garcia, the President of the McMinnville Muchas Gracias.

Powered by her tenacity and dedication — and that of her family, who helps run the restaurant— Muchas Gracias has weathered the storm of the last year and continues to serve delicious food in big portions at affordable prices. Their success also can be attributed to a great, dedicated team of cooks and servers, many who have worked at Muchas Gracias for years.

Grace contributes a history of working in the food service industry, a sound mind for business, and a deep passion for sharing the authentic flavors of food she grew up with in magical San Luis Potosí, a breathtaking and stunning historic town in Mexico, and in Mexico City, where she spent her youth. As a result, Grace and her team produce award-winning food you can get from their drive through open 24/7!

On top of her passion for food, Grace also feels a calling toward philanthropy and the preservation of Mexican-American culture. She is a member of the Hispanic Chamber of Commerce and has been involved in many charitable events and organizations like providing needy people with food and the Barium Cup Golf Tournament that raises funds for the Willamette Valley Cancer Foundation, and much more! She also has a dream of providing moments of happiness to hospitalized children through magic and cuddly pets.

When not working hard to provide her customers, who she cares for greatly, delicious food, Grace enjoys visiting regional museums, attending live concerts and exploring the beautiful Oregon outdoors.



🛿 Starla **Pointer**

REPORTER

News-Register

News-Register.com spointer@newsregister.com 611 NE Third St. McMinnville 503-687-1263

Starla Pointer has enjoyed watching the community grow and change during her 39 vears as a reporter for the News-Register.

She loves knowing what's happening and, especially, talking with the many people she meets through her work: all sorts of people, each with a unique story to tell

It's her job to find those stories, present them to readers and help community members get to know one another.

A Linfield graduate, Pointer has covered many topics over the years. Her main beats are education — she has covered seven different superintendents with the McMinnville School District — and the arts; she recently added the Along the Street business column to her areas of responsibility.

People are at the heart of every story she writes, whether she is detailing the actions of those who serve on local boards and councils or celebrating the honors received in the Distinguished Service Awards. Each week, she focuses on someone for her Stopping By column. She's been writing weekly Stopping By stories since 1996: more than 1,300 of them so far!

When she's not writing, Pointer enjoys swimming, taking walks, reading and spending time with her husband and cats.



Connie Crafton

CIRCULATION MANAGER FRONT OFFICE CLERK

News-Register

NewsRegister.com ccrafton@newsregister.com 611 NF Third St. McMinnville 503-687-1236

Connie Crafton, circulation manager and front desk clerk at the News-Register, enjoys making sure customers — including many who are now friends — get the answers and outcomes they are seeking.

"Having my hands in so many different departments keeps me hopping and the push to meet deadlines keeps me focused," she said. Crafton is responsible for all aspects of circulation, classified, obituaries and legal notices. She answers phones and greets everyone who walks in the News-Register's front door.

Once office work was the last thing she saw herself doing. At Newberg High, she recalled, "my Office Procedures in the Workplace class and I did not get along at all."

When her son started a News-Register paper route that grew to more than 200 customers, the whole family became involved. Then-circulation manager Roger Williams suggested she apply for an opening. "Twenty-three years later, I think I have the hang of it," she said.

Crafton and her husband of 43 years, Ron, live in McMinnville. They have three sons, a daughter-in-law and three grandchildren. She also is a hairdresser at Friendsview Manor in Newberg. She enjoys gardening and crafting, Trail Blazers basketball, church and her family.



Catie Jacks, lifestyle director at Vineyard Heights Assisted Living, said she couldn't be happier to go to work each day.

"I love being a part of such an incredible community and learning the remarkable story behind each senior I meet," said Jacks, who considers each Vineyard Heights resident a friend.

A Dayton native, she often joined "the Coffee Ladies" who gathered at Putt's Market to socialize and share local news. As a college student, she discovered her passion for working with the elderly when she was hired as Vineyard Heights' weekend receptionist. It soon became more than a just a job.

By February 2020, she was named lifestyle director and changed her college major to gerontology.

When she has free time, she enjoys escaping into nature. She loves crisp ocean air. rolling hills and warm sunshine. Her goal for 2021 is to take up kayaking on Oregon's beautiful waterways and to explore campgrounds up and down the coast.

is caramel and coffee liqueur.

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Catie Jacks LIFESTYLE DIRECTOR

Vineyard Heights Assisted Living

Lifestyle Director Activities@VineyardHeightsAssistedLiving.com 345 SW Hill Rd. McMinnville 503-435-1000

Perhaps because of her days with the ladies at Putt's Market, Jacks loves trying new latte flavor combinations. The self-proclaimed "coffee snob" said her favorite, thus far,



Carrie Smith-Schadewitz

MARKETING DIRECTOR

Vineyard Heights Assisted Living

Marketing@VineyardHeightsAssistedLiving.com 345 SW Hill Road, McMinnville 503-435-1000

Carrie has always enjoyed helping others and has a tremendous amount of respect and admiration for seniors. "They have lived full lives and have so much wisdom to share." She's been serving seniors in Yamhill County since 2006.

She loves the integrity and passion our team has here at Vineyard Heights. "We're committed to each and every one of the residents that call our community home," she says. "That's what sets us apart, and I am so proud to be a part of this beautiful community."

Carrie is a native Oregonian who grew up on the Oregon Coast. Her family had a 50-acre farm located in Logsden. She moved to McMinnville in 2006. Carrie has two grown children. Her daughter Aaryn and family reside in Vancouver, Washington. Her son Drew and his family reside in Woodburn, Oregon. When Carrie is not at work she enjoys shopping, traveling, hiking, her flower garden or relaxing with a glass of wine on her patio. She also loves spoiling her grandchildren.

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Teresa VP -Loan Off

[=]



Kristen Stoller

CEO ARTISTIC DIRECTOR

Chehalem Valley Dance Academy

iheartcvda.com | kristen@iheartcvda.com 206 NE Evans St, McMinnville 311 E First St, Newberg 503-409-2338

Kristen Stoller, CEO and artistic director of the Chehalem Valley Dance Academy in McMinnville and Newberg, almost doesn't call her work a "job."

"I get to watch humans grow and evolve by choice," she said. "I get to witness them finding their voice, their body and their place in the world."

Dancers learn to smile through hardship, communicate in myriad ways, accept critical feedback and work not only in a team, but individually, she said.

The 2000 McMinnville High School graduate knows. She grew up dancing and started teaching dance 20 years ago, when she was a teen. Twelve years ago, she became owner of CVDA.

"Once I realized my happy place was the studio and that environment was so conducive to self-expression, improvement, development and communication, I knew I wanted to provide more space for youth to find dance, too," she said.

Dance — and her dance teachers, dance friends and dance-related experiences made her the person she is today, after all.

As studio owner, she choreographs, produces and directs CVDA's competition teams; produces and directs its annual benefit performance of "The Nutcracker"; and manages the staff and curriculum programs, strategic partnerships, community outreach and general operations — all with the help of her amazing team, she said.

She is certified in teen mental health first aid, functional range conditioning and Kinstretch

Stoller is active in the McMinnville and Chehalem Valley Chambers of Commerce, the Newberg and McMinnville downtown organizations, Young Professionals of Yamhill County and dance-related organizations such as the International Dance Entrepreneur Association and the Dance Studio Owners Association.

She loves public speaking, leading groups and networking. She has received several community awards and honors for choreography.

She said she enjoys being part of the Yamhill Valley's professional community. There is incredible camaraderie among female business owners here, she said.

In the next decade or two, she predicts, most leadership positions in the county will be held by women.

Stoller also enjoys cooking, entertaining and, most of all, her family: her husband, Francisco Stoller, and daughters, Vada, 14, Riley, 13, and Stella, 6.

Kristen is proud to be a part of the Wine Country Pride event taking place at the end of June. More info at winecountrypride.com



Beth Caster

PRINCIPAL BROKER

Keller Williams Portland Premiere Keller Williams Realty

bethcaster.kw.com 220 NE 7th St, McMinnville 971-241-2509

When Beth Caster discovered the Yamhill Valley in the early 1990s, she fell in love with the rich assortment of vibrant communities that populate this picturesque corner of Oregon. In the 27 years that she's called McMinnville home, Beth has made it her mission to share her affection for the people, products and property that make this area so special.

"I love what I do!" says Beth. "I can't wait to get up in the morning and go to work each day!"

Beth is a full-time, full-service REALTOR® who uses her infectious enthusiasm for this area to showcase some of the valley's outstanding properties, both large and small. Possessed of a deeply-rooted commitment to excellent customer service, she goes out of her way to give her clients what they need. "I am always available when my clients need me," says Beth.

A naturally creative and energetic person, Beth knows the field of real estate is the perfect fit for her. "I love that, in the course of any day, I can go from showing a modest home in town to a luxury home on acreage that has spectacular views of the valley," she says. According to Beth, no two days are ever alike, no two deals are ever alike and no customers are ever alike. "It is a constant opportunity to learn, grow and create possibilities every day," she says.

Beth has a unique outlook when it comes to things local — a perspective that can benefit her clients. "Prior to becoming a REALTOR®, I was a retail store owner, an artist and a freelance writer," she says. Beth's popular wine column ran in the News-Register for years. Today, Beth focuses most of her inventive energy on her work but she still tries to make time to create. "I am an avid knitter and fiber enthusiast," she savs.

Beth maintains offices at 220 NE 7th St. in McMinnville. She can be reached via telephone at 971-241-2509 or by email at beth@bethcaster.com.

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Rhonda Pope

COMMUNICATION & EVENTS DIRECTOR/OFFICE MANAGER

McMinnville Area Chamber of Commerce McMinnville ora 417 NW Adams St, McMinnville, OR 503-472-6196

Rhonda Pope is a people person who enjoys working with businesses and the community. That makes her perfect for the job of communications and event director with the McMinnville Area Chamber of Commerce.

Pope, who has worked with the Chamber for 17 years, is responsible for social media and e-communication and the website. When it comes to events, she covers everything from obtaining permits to managing to marketing. She especially enjoys digital and print marketing, she said.

Also the Chamber's office manager, she said her duties give her the opportunity to connect businesses with other businesses, and to bring the community together. A McMinnville native, Pope attended Chemeketa Community College, with additional studies through Western Association Chamber Executives Academy. She is an active member of WACE.

She said she likes being a professional woman in the Yamhill Valley, because "women know how to lean on each other in our area." Pope lives in McMinnville with her husband. They have two grown daughters with families of their own.

Outside of work, she enjoys fishing and spending time with her family. "Grandkid time" is an all-time favorite!



Kathleen (Kathy) **Bernards**

CPA

CERTIFIED PUBLIC ACCOUNTANT

Bernards, CPA

bcpa-mac.com 441 NW Hill Rd. McMinnville 503-472-2179

Kathy Bernards had a desire to work in a profession where she could make a difference in the lives of people in her community. Since public accountants help individuals and businesses be good stewards of their hard-earned assets, the career fit for Kathy was perfect. As the sole owner of a firm that employs other paraprofessionals, Kathy enjoys watching them carve their own niches of service to the community.

Kathy most appreciates the interaction she has with clients in very personal matters - the opportunity to help clients discern what is really important, then chart a path to reach those goals. She enjoys helping people discover that philanthropy can make a big difference in their communities while reducing tax liability. Her firm also provides attestation, tax planning, and retirement planning services to businesses.

Kathy earned her degree at Linfield College and has worked as a CPA in McMinnville since 1976. Married for 46 years, she and her husband have three adult children. Kathy serves on various community boards and committees and participates in church and community choirs.



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