In the midst of adversity there are often people who inspire great admiration—those whose actions reflect grace, grit and above all a willingness to grow. Over the course of the past year I have watched as friends, colleagues and neighbors have risen to the challenge of navigating a global pandemic that has reached nearly every corner of our daily lives. No one has been untouched, and yet I have stood in particular awe watching women in our community balance their ever changing and expanding roles, as they navigate leading businesses through a constant state of change while frequently balancing homes that now double as classrooms. The women of the Yamhill Valley have shown themselves to be nothing if not resilient, learning how to adapt their professional lives to the present moment, while simultaneously preparing for a future that will undoubtedly look quite different from the immediate past. They have approached these obstacles with creativity and passion, finding ways to deliver smiles from behind a mask; keep businesses afloat when customers could no longer come inside; and keep employees and co-workers safe and healthy. They developed new ways to provide service on the fly, moving diners to the sidewalk or seeing clients over Zoom. They adapted when they had to and grew because they wanted to. Above all, they have exemplified a spirit of hope and a reminder that out of the most difficult situations, new ideas and adaptations can lead us towards a brighter future together.
As a young child, Dr. Jessica Black knew she’d pursue a career as a physician. When she discovered achievable improved health through natural treatments, Dr. Jessica was hooked – she knew she’d found a superior form of medical care that did far more than suppress patients’ symptoms. She loves that naturopathic care enables the patient to know what needs to be addressed immediately, and what can be addressed over time. A naturopathic physician at A Family Healing Center, Dr. Jessica’s passion for her work is palpable. Her extensive research and partnerships have made Dr. Jessica an expert in hormones, balancing and treating acute and chronic patients. She also treats difficult mood disorders like anxiety, depression, bipolar and behavior disorders in children. Dr. Jessica loves seeing and treating patients in the family atmosphere at A Family Healing Center. She also creates individualized treatment plans with a whole body approach.

Dr. Jessica stresses that she takes the time with her patients to figure out what is really going on in patients that have struggled to get a diagnosis from traditional medicine. Once she has helped come to a diagnosis with her patients, she is able to restore their bodies to a better state of health, which is what they truly need.

Dr. Jessica has authored five books: Her bestseller, The Anti-Inflammation Diet and Recipe Book — still maintains her best-seller status. Dr. Jessica is a national and international lecturer. She, along with her husband, also a practicing naturopathic physician, keep busy studying, writing books, donating time to philanthropic organizations and serving on boards for volunteer and state organizations. Dr. Jessica loves to take time to connect with her family and keep herself healthy by exercising and generally trying to uphold the standard of being a good person who loves serving people.

Jessica
Black
ND
CARING PHYSICIAN
BUSINESS OWNER AND CEO
GLOBAL LECTURER
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Each office is independently owned and operated.
As administrator of Marjorie House, Ashley provides a key balance of excellence in quality care along with genuine compassion while caring for our residents and their families.

She brings 11 years of experience in long-term care including working as a med tech, in-home giving and as a Resident Care Coordinator. Ashley received her Administrative Certificate in 2015 and is honored and excited to bring her experience and heart to our Marjorie House family.

She keeps herself and her staff up to date on the latest in dementia care training and believes it is a privilege as well as a priority to provide resident centered care. Ashley sincerely enjoys getting to know our resident families, helping them along their loved one’s journey. She walks together with them through the challenges, trials and beauty of dementia care, providing a combined effort to give our residents the best experience possible.

As a dedicated mother of two, Ashley enjoys spending time with her fiancé, Kory, and their dog, Jackson. They love the outdoors, hiking, and traveling. Ashley also enjoys painting, gardening, and volunteering at her church.

Caring for a loved one with dementia can be difficult. There may come a time when you need help from professionals who are experienced and passionate in caring for residents. At Marjorie House Memory Care Community, our caregivers are much more than just employees. They understand the special needs of residents with all forms of dementia as well as the needs of their families. Our staff is trained specifically in managing the needs and daily potential of each resident, so your loved one can enjoy life to the fullest, each according to their present abilities.

Our facility is home to our residents, and our caregivers work to make the residents feel at home. We are not a traditional nursing home or retirement center. Instead, we are a unique facility designed specifically to provide senior care for residents with memory loss conditions, including Alzheimer’s and dementia. Learn more about the specialized services we provide. Each life has potential—of one level or another—until the end of life. Our staff discovers that potential, designs appropriate activities to serve that potential, and continually assesses change to each resident’s potential.

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Sandy Willis
ASSISTANT VICE PRESIDENT & COMMERCIAL LOAN OFFICER
Citizens Bank
swillius@citizensebank.com
455 NE Baker St, McMinnville
503-474-9441

Sandy Willis has a strong desire to help others and make a difference. She has found a perfect way to do that as a senior vice president and commercial loan officer at Citizens Bank. Her job entails building long-term relationships with customers, working with local businesses to help them succeed and providing customized lending solutions. She works with a variety of types of lending, including real estate, equipment and inventory loans as well as working capital lines of credit.

Sandy has been with Citizens Bank for over 27 years. Prior to that, she served in various positions in the local banking industry, two of them at Citizens Bank.

Teresa Smith
VICE PRESIDENT COMMERCIAL LOAN OFFICER
Citizens Bank
smithal@citizensebank.com
455 NE Baker St, McMinnville
503-474-9441

Teresa Smith knows the value of a strong local economy. As vice president and commercial loan officer at Citizens Bank, Teresa enjoys helping people make their dreams become reality by creating successful businesses. Teresa’s greatest reward is seeing her clients grow and achieve success.

Teresa grew up in McMinnville and has over 40 years of banking experience. She tries to make the borrowing experience as painless as possible so she can work closely with her clients.

Dawn Owens
OPERATIONS OFFICER
Citizens Bank
dowillius@citizensebank.com
455 NE Baker St, McMinnville
503-474-9441

Dawn Owens has always loved helping people and working with numbers, making banking the perfect career for her. As an Operations Manager at Citizens Bank in McMinnville, Dawn supervises the loan and new accounts representatives, helps with underwriting, reviews the management and performs internal audits. As well, to Dawn, there is nothing more rewarding than assisting customers and seeing them succeed.

Dawn grew up in Sheridan and graduated from Sheridan High School. She started her business management and accounting at Chemeketa Community College. She started her career 22 years ago at a small credit union in Colton, working her way up from teller to head of new accounts, then moved to a larger community bank. Citizens Bank soon became her home when she returned to Oregon in 2007. She loves both her coworkers and her amazing customers.

Dawn is active with the Yamhill County Relay for Life, which raises funds to help cancer patients and towards stopping the disease. She belongs to McMinnville Noon Kiwanis. She completed the Chamber Leadership Program in 2019.

Dawn enjoys spending time with her husband, Rick, two children and two grandchildren. She loves traveling, wine tasting and working in the yard.

Jackie Hausman
LMT / ARTIST
Jackie Hausman Studio
205 SW 7th St, Dundee
503-241-4709

Jackie Hausman combines visual art with the art of massage at her studio in Dundee, which is filled with her paintings and art journals as well as her massage equipment.

Art and massage are similar, she said: both create and heal. “I enjoy helping people relax and relieve their pain through therapeutic touch,” she said.

A Williams Valley resident since 1999, she has always been an artist. In 2009 she became a licensed Massage Therapist, as well as offering techniques such as Swedish, Gua-Sha, Silicone Cupping, Rolfing and Structural energy balancing.

She offers a holy treatment, therapeutic mud wraps for detoxing and nourishing, and oil and sugar scrubs for exfoliation, hydration and clearing the skin and energy fields. The treatments are designed to tone, minimize toxins, detoxify and relax the body. Mud wraps are highly beneficial for those with arthritis due to the high mineral content which is absorbed through the skin.

“Working with the energy of the earth and minerals enhances and connects one to the elements,” she said.

Hausman’s visual art has been featured in galleries, art fairs, local shops and farmer markets. She is developing classes in art journal making, intuitive college and other creative arts.

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Emily Wood
CLINIC DIRECTOR
PHYSICAL THERAPIST
Therapeutic Associates
Ability Physical Therapy
TherapeuticAssociates.com/AbilityPT
2191 NW Second St, Bldg 4, McMinnville
503-434-9594
nataliad@taipt.com
TherapeuticAssociates.com/AbilityPT

After undergoing rehabilitation from several injuries herself, Emily Wood, clinic director at Therapeutic Associates Ability Physical Therapy in McMinnville, knows the importance of recovery.

She knew, as well, that she wanted to help other people reach their recovery goals. So the Medford native studied exercise science at Williamsburg University and went on to earn a doctorate in physical therapy from the University of Southern California.

Wood is an orthopaedic clinical specialist, a ASTYM certified provider and certified manual physical therapist. She is trained through Human and Wallace to reproduce pelvic health movement to both men and women, as well.

She enjoys working with members of the fantastic team at Ability Physical Therapy, the people who are like a second family to her. They support one another in their efforts to help patients impact other patients who come in for recovery or proactive therapy.

They help patients in a warm therapeutic pool, as well as using other equipment and techniques.

Wood lives in McMinnville with her husband, Kevin, their young son, Jackson, and golden retriever, Theo. She enjoys traveling, hiking, running and skiing.

Christy Summers
PT, DPT, CSRS
PHYSICAL THERAPIST
Therapeutic Associates
Ability Physical Therapy
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2191 NW Second St, Bldg 4, McMinnville
503-434-9594

Christy received her BS in Exercise Science from Paciﬁc University in 2003. She went on to pursue her passion for physical therapy and earned her Doctorate in Physical Therapy from Paciﬁc University in 2006.

Christy enjoys working with patients from all backgrounds and strives to help them achieve their goals and improve their quality of life. Christy’s clinical interests include stroke recovery, post-operative rehabilitation, fall prevention, musculoskeletal and balance disorders, orthopedic injuries, and oncological rehabilitation. After rigorous training and certiﬁcation, she is recognized as a Certified Stroke Rehabilitation Specialist. Over the last several years, she has developed a new passion and is pursuing advanced training in public rehabilitation and oncological rehabilitation.

Outside of the clinic, Christy enjoys spending time with her husband and three children. She enjoys camping, hiking, gardening, and attending her children’s sporting events.

Natalia DiStefano-Hural
PHYSICAL THERAPIST ASSISTANT
Therapeutic Associates
Ability Physical Therapy
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2191 NW Second St, Bldg 4, McMinnville
503-434-9594

As a physical therapist assistant at TAI Ability Physical Therapy, Natalia DiStefano-Hural treats musculoskeletal injuries and dysfunctions through manual techniques and exercises.

Always interested in the medical ﬁeld, she ﬁrst learned about physical therapy as a patient. She saw people from all walks of life who were working hard on their own recovery. “That was my lightbulb moment,” she recalled. “I wanted to be part of this world.”

DiStefano-Hural, who grew up west of Seattle on Bainbridge Island, Washington, graduated from Seattle’s Pima Medical Institute in 2018. She moved to McMinnville and won three years ago to join TAI Ability.

She really enjoys working one-on-one with a variety of people, hearing their stories and helping them improve their quality of life.

Her clinical specialties are in pelvic and women’s health, and she is currently taking a course to become a pelvic health specialist. As another hobby, she said she thinks it is easy to relate to her patients on a personal level, too.

She and her partner plan to marry in May 2022. She loves to hike, camp and swim barbecues and other gatherings.

Debra Cross
HOPE HOUSE MANAGER
Provoking Hope
ProvokingHope.com
213 NE 10th St, McMinnville
503-434-9594
csummers@taipt.com

For Debra Cross, supporting other women is the best part of being a Hope House manager with the Provoking Hope Addiction Resource Center.

The organization provides a safe, sober environment for people in recovery and gives women a stepping stone to the next chapter in their recovery journey, Cross said.

She joined Provoking Hope in 2014 so she could make a difference and give back to others in recovery by helping them understand the resources available to them in the community.

Her duties include budgeting, doing progress evaluations, organizing chores lists and house meetings, and making sure that everything is running properly. She has taken part in CRM management trainings.

As a professional woman in the Yamhill Valley, she said, her options are always open. Her goal is to continue to be part of community recovery houses for many years in the future.

Cross lives in McMinnville. She has two grown children, six grandchildren and a great-grandchild on the way. She enjoys spending time with her family and holding barbecues and other gatherings.

Christy enjoys working with patients from all backgrounds and strives to help them achieve their goals and improve their quality of life. Christy’s clinical interests include stroke recovery, post-operative rehabilitation, fall prevention, musculoskeletal and balance disorders, orthopedic injuries, and oncological rehabilitation. After rigorous training and certification, she is recognized as a Certified Stroke Rehabilitation Specialist. Over the last several years, she has developed a new passion and is pursuing advanced training in public rehabilitation and oncological rehabilitation.

Outside of the clinic, Christy enjoys spending time with her husband and three children. She enjoys camping, hiking, gardening, and attending her children’s sporting events.
Lucetta Elmer
ENTREPRENEUR

Douglass on Third, Union Block Coffee, The Oak

Lucetta4@gmail.com
503-667-5560

Entrepreneur Lucetta Elmer works with managers of three downtown businesses, Douglass on Third, Union Block Coffee and The Oak, to make sure they are thriving. She’s been in business since 1997. Lucetta and her husband, Denny, have owned the Douglass building since 2009, Union Block since 2001 and The Oak since 2004. They also own RV parks in Oregon and Washington, as well as Craftmark, a reclaimed wood business in the industrial park.

Entrepreneurship is in her blood. Growing up on a farm between Sheridan and Willamina, she watched her entrepreneurial dad, and learned that the world of business requires a strong work ethic, an ability to handle any situation and to figure out solutions to whatever challenge comes her way. A Linfield College graduate with a degree in elementary education, she uses teaching skills as she works alongside and leads people. She finds the Willamette Valley a wonderful place to live and work.

It’s funny how things work out. When a friend asked Tammy Magestro to clean his office, she found she enjoyed the work immensely. Even better, Tammy did such a good job, her friend asked her to clean his offices, too — and Tammy’s Cleaning Service was born! Skilled and efficient, Tammy prides herself on outstanding cleaning for both commercial and residential clients.

A native of Newberg, Tammy was raised in McMinnville. She spent several years in college pursuing a nursing degree before launching her cleaning service. Tammy is possessed of particular skills in helping clients remedy situations requiring extreme cleaning or organizational abilities. Nothing delights Tammy more than seeing clients happy with the results of her work!

A mother to three grown-daughters, Tammy lives in McMinnville. She and her husband are members of the McMinnville Area Chamber of Commerce and the McMinnville Downtown Association board. The Elmers have four children, Lucetta enjoys traveling and spending time with her family.

Tammy Magestro
OWNER

Tammy’s Cleaning Service
McMinnville
503-637-8987

Kelsey Hulse
ASSISTANT MANAGER

Larson House Pizzeria & Eatery
kelseyhulser@gmail.com
503 581 Main St, Yamhill
503-462-0579

Kelsey Hulse loves her job as assistant manager of the Larson House Pizzeria & Eatery in Yamhill. She helps manage the restaurant, order what’s needed for the front of the house, and schedules, trains and coaches employees.

“...I don’t feel like this job is always just ‘work,’” she said. “It’s always a fun environment.”

She was looking for a temporary change in her life when she took her first food service job. It let her be outgoing and express herself, and now she’s hooked on the restaurant industry.

She started at Carlson Connemara, the Carlton country owned by the same family, in 2019. She transferred to the Larson House when it opened in late 2020.

She enjoys being part of a close team. Together, she and her coworkers have made it through the opening of the restaurant, and are looking forward to the future.

Now a Carlton resident, Hulse grew up in Ponterville, California, graduating from high school there and taking some college courses.

Hulse and her fiance, Julian, have a 3-year-old son, Zayden. She hopes to open a dog rescue someday.

Cami Nyquist
MACHub DIRECTOR

www.machub.org

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WOMEN OF THE YAMHILL VALLEY

2021

Creating fun memories with her family. When she’s not working or volunteering, Leslie enjoys traveling, cooking, and supporting the local businesses, and serves as Secretary for the well-known “See Ya Later” Foundation. Nine years into her career with Ticor Title, she can say she LOVES her job! She is up with the fast-paced market. She understands that every transaction is unique, and her work is to make sure everything is going smoothly in the office, maintaining morale and closing residential and commercial transactions. That’s what she does at Ticor Title Company in McMinnville, managing the office, enforcing core values, and ensuring that everyone is on the same page. That’s what she loves about Ticor Title Company in McMinnville, managing the office, maintaining morale, and helping businesses and achieve their dreams. Whether marketing for Realtors or making sure everything is going smoothly in the office, Leslie is eager to see her clients and colleagues have the smoothest experience possible in the complex world of real estate transactions.

For Ticor Title Escrow officer Cyndy Willis, McMinnville is where her family is. She has raised her two daughters, now 22 and 20. Stephanie, the oldest, is graduating from Linfield University this May, where she and her husband, Jim, will both live and teach for 3 years. Melanie, the youngest, is finishing her two years at Chemeketa Community College and looking forward to her next adventure. Leslie and husband, Justin, life-long soccer fans, attend all their daughter’s soccer games. Leslie also owns Flourish Events & Design, a local wedding and event planning business, and serves as Secretary for the well-known “See Ya Later” Foundation.

For Ticor Title in Newberg, Mary Jane reviews closing statements and disclosures for Ticor Title Escrow officer Cyndy Willis, McMinnville and the Yamhill Valley aren’t just a number. It’s where she calls home, where she grew up and raised her family. She fell into this industry after two years of college. She has worked for Ticor Title for 10 years, performing numerous jobs, including front desk, recruiting, clearing title, assisting, and overseeing her Escrow officer.

McMinnville is where Cyndy and her husband, Justin, have raised their two daughters, now 22 and 20. Stephanie, the oldest, is graduating from Linfield University This May, and will live and teach for 3 more years. Melanie, the youngest, is finishing her two years at Chemeketa Community College. She understands that every transaction is unique, and her work is to make sure everything is going smoothly in the office, maintaining morale and closing residential and commercial transactions. That’s what she does at Ticor Title Company in McMinnville, managing the office, maintaining morale, and helping businesses and achieve their dreams. Whether marketing for Realtors or making sure everything is going smoothly in the office, Leslie is eager to see her clients and colleagues have the smoothest experience possible in the complex world of real estate transactions.

For Ticor Title Escrow officer Tiffany Best, McMinnville is where her family is. She has raised her two daughters, ages 14 and 12. Along with cooking and gardening, she is also active in the McMinnville Lions Club, and she’s a committed fan of the Portland Trailblazers and OSU football and baseball.

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Kimberly Dunckel believes that the most successful women leaders are those who are big on team building, enacting core values, and ensuring that everyone is on the same page. That’s what she loves about Ticor Title Company in McMinnville, managing the office, maintaining morale, and helping businesses and achieve their dreams. Whether marketing for Realtors or making sure everything is going smoothly in the office, Leslie is eager to see her clients and colleagues have the smoothest experience possible in the complex world of real estate transactions.

Kim is originally from California and has made her home in McMinnville since 1995, where she and her husband, Michael, have raised their children, enjoying beach trips and camping together. She’s from a real estate family, which is where her interest in the profession was sparked. “They encouraged me to give it a try,” she says, “and I have been in the industry ever since.”

A 24-year industry veteran, Kimberly tracks the latest policies and technology to keep up with the fast-paced market. She understands that every transaction is unique, and loves the feeling of successfully completing a deal with her partners. She enjoys her career and looks forward to the challenge of every new transaction.
Jen Feero knows her passion for life in the Yamhill Valley makes her a perfect ambassador for people interested in moving here. After all, Jen’s own love for the area is why she lives in the valley. As a real estate broker at McMinnville’s Willamette West Realtors, Jen puts her enthusiasm for local life to work for clients as they buy and sell property throughout the valley. Along with Stacy Martin, a fellow Willamette West broker, Jen can help buyers and sellers achieve their dreams.

A Yamhill Valley native, Jen considers herself lucky to be a part of this amazing community which is always changing, growing and giving. Jen knows the dining, shopping, art, education and agricultural opportunities offered in the area are appealing to people from all over.

A graduate of the University of Oregon, Jen is active in the local community — she was deeply honored to be named McMinnville’s Outstanding Junior Citizen in 2018. In her spare time, Jen enjoys reading, gardening and spending time with her dogs.

Stacy Martin
REAL ESTATE BROKER
Willamette West Realtors
708 N Baker St, McMinnville
503-560-2144

As a person who lives here, plays here, works here and raises a family here, Stacy Martin is uniquely positioned to share her passion for the Yamhill Valley with others. A real estate broker at McMinnville’s Willamette West Realtors, Stacy knows that as she shepherds her clients through the process of buying and selling local properties. It is this special connection to the local community that allows Stacy to give every client top-notch service.

Along with fellow Willamette West broker Jen Feero, Stacy helps find the perfect fit for a client’s needs and wants. Nothing pleases Stacy more than helping a client achieve his or her dreams of home ownership!

A lifelong resident of the Yamhill Valley, Stacy is a graduate of Western Oregon University and Portland State University. A former educator, Stacy is active in community events and enjoys local restaurants and shops. In her spare time she likes to enjoy nature, try new recipes and listen to music.

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Annie Govig

DPT
DOCTOR OF PHYSICAL THERAPY

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503-435-1900

Annie was born and raised in Sherwood, Oregon and has returned to the Pacific Northwest after earning her doctorate in physical therapy at Regis University in Denver, Colorado.

Prior to graduate school, Annie attended Oregon State University as a student-athlete, earning a degree in kinesiology, while playing for the women’s soccer team. Her time at Regis only continued to reinforce and further develop a set of core values originally established through sport: teamwork, open communication, dedication to excellence, and care for the whole person.

Annie now practices physical therapy with Andrew Physical Therapy and is happy to still participate in the sport she loves.

Tani Mollahan

PTA
PHYSICAL THERAPY ASSISTANT

Andrew Physical Therapy
AndrewPT.com
2025 NE Baker St, Ste A, McMinnville
503-435-1900

Tani Mollahan is a licensed physical therapy assistant who graduated from the Mount Hood Community College Physical Therapy Assistant Program. With over 28 years of experience, Tani’s broad background ranges from inpatient and outpatient care to post-surgery and home health. Tani’s expertise training in therapeutic exercise enables her to design highly-effective specialized programs. Known for her “good hands,” Tani’s manual therapy ability and deep soft-tissue skills are a real asset at the clinic.

Tani is married and has two daughters. She has lived in and served the community for almost 30 years. An avid runner, you might see Tani running through some of the local wooded trails on weekends. Tani believes that health is a lifestyle that requires proper choices every day.

Tani’s attitude is a tremendous asset to patients during the rehab process. Her positive attitude helps project patients to new levels. Andrew Physical Therapy is privileged to have such a well-rounded clinician.

Chelsey Nichol

OWNER

Type A Press

typeapress.com
626 NE 4th St, McMinnville, OR
503-227-1400

“Paper is a lover’s and writer’s best friend,” Chelsey Nichol says. Chelsey’s family business in printing. In 2010, she started her personal business, Type A Press, a letterpress printing operation.

Her letterpress business was born from her family business. “We had a letterpress sitting in our warehouse for decades, and I’d always thought it would be neat to learn to use it,” Chelsey says.

She built her skills, and discovered a gift for setting type. Chelsey and her press produce custom pieces of art in the form of letterpress greeting cards, invitations and business cards—anything with paper and ink. That love of paper and ink includes neat to learn to use it,” Chelsey says.

Type A Press has now expanded with a gift and clothing line inspired by Chelsey’s love of her hometown. The products are designed locally and printed by Chelsey and her husband Brent.

Amy Wark

DMO
DENTIST

Work Dental Group
AmyWarkDMD.com
2777 NW Second St, McMinnville
503-475-2222

Amy Wark, DMD, is a graduate of McMinnville High School, where she was a three-sport athlete and niece to the McMinnville High School Sports Hall of Fame. She did her undergraduate studies in biology while playing varsity basketball at Whitworth College in Spokane, Washington. She graduated magna cum laude in 1995 and headed to Portland to attend the School of Dentistry at Oregon Health Sciences University.

Upon finishing her studies at OHSU in 1999, Dr. Wark completed a one-year residency in general dentistry while serving with the Air Force in Dayton, Ohio. It was then that she rounded out her education by learning specialized surgical procedures involving extractions and gingival health. Dr. Wark spent the remainder of her military career in England, and then returned home to join and eventually buy her father’s practice. Dr. Wark and her husband, who also manages the practice, spend their free time playing pickleball and enjoying their three children’s activities ranging from basketball to whatever sport is in season.
When Cami Nyquist founded Swedemom.com 22 years ago, she planned to run a global web-based business. She has succeeded, in fact, Swedemom.com was selected by eBay as a top, values-driven seller for their 25th anniversary.

Nyquist graduated from Mac High in 1981, went on to North Park University in Chicago, then finished a bachelor’s degree in communications in 1985 at the University of Oregon. Entrepreneurial by nature, she has been a marketplace platform developer since 1999.

To be known by your community makes integrity all the more important,” she said. “Having the support of my community is tremendous, and I realize I couldn’t do this without that support.”

Jean Spalding has a broad range of responsibilities as bench jeweler and partner in McMinnville’s Timmreck & McNicol Jewelers. She sets, repairs and cleans merchandise; communicates with product suppliers; makes buying trips to search for new and unique items to bring to the community; and provides timely and attentive service to customers and makes sure their needs are met.

In her spare time, she enjoys gardening, walking her two dogs and playing Art & Massage Therapy. 205 SW 7th St, Dundee OR 97131

Heidi Davis had wanted to own a restaurant since she was a youngster, especially if she could rent one with her father’s name on it. Her dream has come true. The pizza place they opened in 2020 is called just that — "The Larson House.

In her spare time, Carice enjoys being outdoors, hiking, fishing, getting tattoos and spending time with friends.

Jean Spalding was born and raised in Willamina where she still lives. In 2012 she stood at Hampton Lumber -- Willamina Division in the Shipping Department in a Clean-Up position. There she learned the specifics of what products Hampton ships and how to tie down rail cars. She had the opportunity to fill in at the Planer on Fridays. Eventually, she bid to the Planer as a Bander Helper and now currently works as a Bander/Packaging Tech.

Her best thing about her jobs: people, Davis said. She loves the employees and the customers of both sites.

“Because they can help, he can encourage people to come together and help each other out.” She enjoys music, being outdoors and identifying plants and animals.

In 2013, Spalding and her wife, Jordan, then her fiancée, discussed careers. She decided to join her father, Dave Spalding, as a partner in Timmreck & McNicol. She learned jewelry making and repair skills, along with techniques for working with gold, silver and platinum.

In 2015, Spalding and her wife, Jordan, then her fiancée, discussed careers. She decided to join her father, Dave Spalding, as a partner in Timmreck & McNicol. She learned jewelry making and repair skills, along with techniques for working with gold, silver and platinum.

It’s a privilege to educate our customers, guide them on their purchases, give advice on the special moments,” she said.

At first, she said, some customers turned to her father for advice and quotes. Now they ask for her opinion and services — “a heartwarming and encouraging transition.”

In her spare time, she enjoys gardening, walking her two dogs and playing Dangote and Drizzle and other tabletop role-playing games.

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Candice is a native Oregonian who grew up on the Oregon Coast. Her family had a 50-acre farm located in Lincoln City. She moved to McMinnville in 2006. Candice has two grown children. Her daughter Rylee and family reside in Vancouver, Washington. Her son Drew and his family reside in Woodburn, Oregon. When Candice is not at work she enjoys shopping, traveling, hiking, flower gardens and relaxing with a glass of wine on her patio. She also loves spoiling her grandchildren.

Caitie Jacks, Lifestyle Director at Vineyard Heights Assisted Living, said she couldn’t be happier to go to work each day.

“I love being a part of such an incredible community and learning the incredible stories behind each and every one of our residents,” Jacks said. “We’ve made each Vineyard Heights resident a friend.

A Dayton native, she opened joined “the Coffee Ladies” who gathered at Putt’s Coffee to socialize and share local news. As a college student, she discovered her passion for working with the elderly when she was hired as Vineyard Heights’ weekend receptionist. It soon became more than a just a job.

By February 2020, she was named lifestyle director and changed her college major to gerontology.

When she has free time, she enjoys escaping into nature. She loves crisp ocean air, wine on her patio. She also loves spoiling her grandchildren. Her son Drew and his family reside in Woodburn, Oregon. When Carrie is not at work she enjoys shopping, traveling, hiking, flower gardens and relaxing with a glass of wine on her patio. She also loves spoiling her grandchildren.
Kristen Stoller, CEO and artistic director of the Chehalem Valley Dance Academy in McMinnville and Newberg, almost doesn’t call her work a “job.”

“I get to watch human growth and evolve by choice,” she said. “I get to witness them finding their voice, their body and their place in the world.”

Dance is a language, a tool to heal, and so, she said, she has learned to ask questions, seek critical feedback and work not only as a teacher, but as a choreographer.

“She made me the person I am today, after all,” she said of her dance teachers.

Kristen started teaching dance 20 years ago, when she was a teen. Twelve years ago, she co-founded CVDA.

“I realized my happy place was the studio and that environment was conducive to self-expression, improvement, development and communication,” she said. “I wanted to provide more space for youth to find dance, too.”

Kristen is proud to be a part of the Yamhill Valley’s professional community.

When Beth Caster discovered the Yamhill Valley in the early 1990s, she fell in love with the rich assortment of vibrant communities that populate this picturesque corner of Oregon. In the 27 years that she’s called McMinnville home, Beth has made it her mission to show her clients what the people, places and property that make this area so special.

“I love what I do!” says Beth. “I can’t wait to get up in the morning and go to work each day!”

Beth is a full-service REALTOR® who uses her infectious enthusiasm for this area to showcase some of the valley’s outstanding properties, both large and small.

Beth has a unique outlook when it comes to things local — a perspective that can benefit her clients. “I have a natural curiosity and an ability to see things in a way that others don’t,” she says.

According to Beth, no two days are ever alike, no two deals are ever alike and no two homes are ever alike. “It is a constant opportunity to learn, grow and create possibilities every day,” she says.

Beth has a mission to share her affection for the people, products and property that make this corner of Oregon. In the 27 years that she’s called McMinnville home, Beth has made it her life’s work to give her clients what they need. “I am always available when my clients need me,” says Beth.

Beth is a full-time, full-service REALTOR® who uses her infectious enthusiasm for this area to showcase some of the valley’s outstanding properties, both large and small.

Beth maintains offices at 220 NE 7th St. in McMinnville. She can be reached via telephone at 971-241-3539 or by email at bethcaster.kw.com.

Beth Caster, Principal Broker
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Rhonda Pope
COMMUNICATION & EVENTS DIRECTOR/OFFICE MANAGER

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Rhonda Pope is a people person who enjoys working with business and the community. That makes her perfect for the job of communications and event director with the McMinnville Area Chamber of Commerce.

Pope, who has worked with the Chamber for 17 years, is responsible for social media and communication and the website. When it comes to events, she creates everything from obtaining permits to managing timelines. She especially enjoys digital and print marketing, she said.

Also the Chamber's drill sergeant, she said that gives her the opportunity to connect businesses with other businesses, and to bring the community together. A McMinnville native, Pope attended Chemeketa Community College, with additional studies through Western Association Chamber Executives Academy. She is an active member of WACE.

She said she likes being a professional woman in the Yamhill Valley, because "women know how to lean on each other in our area." Pope lives in McMinnville with her husband. They have two grown daughters with families of their own. Outside of work, she enjoys fishing and spending time with her family. "Grandkid time" is an all-time favorite!

Kathleen (Kathy) Bernards
CPA
CERTIFIED PUBLIC ACCOUNTANT

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Kathy Bernards had a desire to work in a profession where she could make a difference in the lives of people in her community. Since public accountants help individuals and businesses by good management of their hard-earned assets, the career fit for Kathy was perfect. As the sole owner of a firm that employs other para-professionals, Kathy enjoys watching them carve their own niches of service to the community.

Kathy most appreciates the interaction she has with clients in very personal matters – the opportunity to help clients face what is really important, thus chart a path to reach those goals. She enjoys helping people discover that philanthropy can make a big difference in their communities while reducing tax liability. Her firm also provides additional services, tax planning, and retirement planning services to businesses.

Kathy earned her degree at Linfield College and has worked as a CPA in McMinnville since 1987. Married for 46 years, she and her husband have three adult children. Kathy serves on various community boards and committees and participates in church and community choir.

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