



MACHIGH

ATHLETES OF THE WEEK



JUSTIN TRIMBLE

FOOTBALL

Senior | Coach: Ryan McIrvin | Parents: Justin & Amy

Justin has been one of the Grizzlies most improved players from last season to this fall. He has worked hard to improve his speed, strength and football knowledge. This Friday vs South Salem, Justin had over 150 yards of total offense including a 65 yard touchdown reception. Great job, Justin!



ISAIAS FLORES

BOYS' SOCCER

Senior | Coach: Jory Shene | Parents: Xochil & Margarito

Isaias has racked up 3 assists and a goal in the last 3 games for the Grizzlies. He captained and helped his team to a preliminary 2nd place ranking in state as of 9/14/15. Isaias is a natural leader who will keep progressing as the season goes on. He not only holds himself to a high standard but also his teammates – making sure that all are on the same page with their effort and expectations.



DEVON WILSON

BOYS' CROSS COUNTRY

Senior | Coach: Vic Downs | Parents: Tim & Denise

At the meet at McKay, Devon finished in first place and led the Grizzlies to victory over Sprague and McKay. He led a 1-2-3-4 sweep in the race in the 1-49 win. Devon is a leader on the team each day and makes us proud with his dedication. Way to go, Devon!



WHITNEY RICH

GIRLS' CROSS COUNTRY

Senior | Coach: Vic Downs | Parents: Corey & Tara

Whitney led the girls with her 2nd place finish at the McKay meet. Each day, she commands workouts and races tough-no matter how she feels. She steps up for the team and makes us better each and every day. Go Grizzlies!



MONTANNA GUBRUD

VOLLEYBALL

Senior | Coach: Hayden Sweet | Parents: Chris & Jenifer

As one of two returning varsity starters, Gubrud has stepped into a natural leadership role for this team. She was a dominant force in our tournament over the weekend, leading us to win the Silver Bracket at the Tualatin High School tournament, defeating Oregon City in the finals. Gubrud had most of the team's assists over the weekend, as well as serving aces that put our team in a position to win. Gubrud understands the game well and the team looks to her to continue to push them in practice and competition. Way to go, Montanna!

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