

MACHIGH

athletes of the week



Sam Swenson

Boys' Swimming

Sophomore / Coach: Jason Hafner | Parents: Jim & Robin



The season is just getting started and Sam is already well ahead of where he was last year. Sam is swimming times in practice that he did not hit until mid-season last year. I appreciate that Sam shows up to practice daily with a good attitude, and I can count on him to work hard and lead his training lane. Keep up the good work and Go Grizzlies!



Jessica Noyes

Girls' Swimming

Sophomore / Coach: Jason Hafner | Parents: Wade & Tina



Jessica is a consistent presence at practice who exemplifies all the qualities that lead to success in and out of the pool. Jessica works hard, starts practice on time, is a supportive team mate, and has a positive attitude. Last week at the intra-squad meet she looked strong and ready for an successful season. Great job and Go Grizzlies!



Drew Spence

Boys' Basketball

Senior / Coach: Willie Graham | Parents: Jon & Shannon



Senior wing Drew Spence had an outstanding game last Wednesday against Southridge. He scored 18 points and made 5 three pointers in the game. None of those shots was bigger than the 3 pointer he made with 1.6 seconds left in the game to give the grizzlies a 3 point win. Great job Drew!



Emily Bliven

Girls' Basketball

Senior / Coach: Sean Coste | Parents: Matt & Tina



Emily began the year helping lead the Grizzlies past the visiting Cleveland Warriors last Thursday night, 63-43. Emily had a terrific game, scoring a team high 13 points, grabbing 6 steals and pulling down 5 rebounds. Emily brings a lot of energy to our team defense and offense by her effort and tenacity. She really worked hard in the off-season developing her offensive skills. She did a great job Thursday night by turning steals and hustle plays into scoring opportunities. Keep it up Emily!

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