

# MACHIGH

## athletes of the week



### Josie Smith

Volleyball

Junior / Coach: Ben Patterson | Parents: Joe & Darla



Josie is a junior defensive specialist who has turned into a jack of all trades for our program. She is able to play any position on the back row and is unflappable when called upon, even when what we ask her to do is different than what she thought we were going to ask her to do. She adds value to the program with her team-first attitude, versatility, and skill. She is well-respected by her coaches and well-liked by her teammates. We look forward to the continuing contributions from Josie through the rest of this season and into the next one.



### Audrey McMillan

Girls' Soccer

Junior / Coach: Adam Howard | Parents: Dan & Christina



Audrey had a stellar performance in our matches last week. In the game at Tualatin, Audrey had her best performance of the season. She made critical saves that helped us to our first ever result against Tualatin last week in the tie. Her work ethic and leadership on our team have helped lead to a lot of success this season. Great job Audrey!



### Alex Justice

Boys' Cross Country

Senior / Coach: Vic Downs | Parents: Sam & Susan



At the last home meet, Alex ran awesome. His time of 17:30 was a new best on the course and more important, he placed ahead of Glencoe's 4th runner sealing the victory. Alex has been a great teammate over the last four years. We are quite proud of all this young man.



### Erin Allison

Girls' Cross Country

Junior / Coach: Vic Downs | Parents: Danny & Traci



At the home meet against Glencoe and Hillsboro, Erin really came through for us. We were down two of our varsity girls and Erin ran tough and finished as our #4 runner. For a rookie, Erin runs smart and tough. Thanks

for the great season, Erin!!!



### Yovanni Molina

Boys' Soccer

Senior / Coach: Jory Shene | Parents: Lorenzo & Yolanda



Yovanni had a breakout game against the Tualatin Timberwolves last Wednesday recording 2 assists. The senior midfielder came alive in the final 5 minutes of play to help secure a win against the tough opponent. Right at the 5 minute mark, Yovanni received a pass from the defense and then turned the ball up the field and found Moi Diaz who put the ball into the net to tie up the game. 2 minutes later, Yovanni's keen eye slotted Moi through again for the eventual game winning goal. Yovanni's 2 assists helped the Grizzlies rise to the top of the Pacific Conference table going into our final week of league play.

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