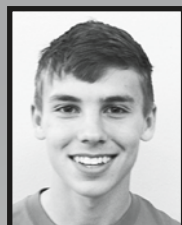


GRIZZLIES

OF THE WEEK

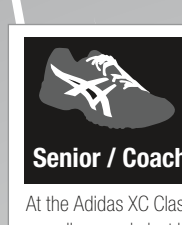


Jack Anderson Boys' Cross Country

Senior / Coach: Vic Downs | Parents: Thomas Anderson & Karen Stanford



Jack is a four year runner for us and he is coming on strong! In one week, he has set two personal bests. At the Adidas XC Classic, he dropped 20 more seconds off his best and finished as our number two varsity runner. Jack gives everything he has to the team and it appears he is finishing strong. Good luck at the Pacific Championships next week!

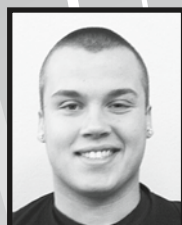


Laura Gabel Martinez Girls' Cross Country

Senior / Coach: Vic Downs | Parents: Ulrich Gabel & Erika Martinez



At the Adidas XC Classic, Laura crushed her personal best by 25 seconds. She finished as our 5th overall runner in just her second turn at Varsity. She is an exchange student from Germany and has been a great addition to our team!! Great run Laura and good luck at the Pacific Championships next week!

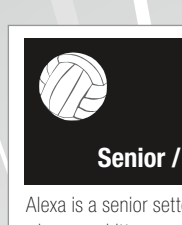


Devin Draper Football

Senior / Coach: Don Rutschman | Parents: Heather Draper



Devin has been a 3 year starter at offensive tackle. He is playing extremely well at this time on the both the offensive and defensive side of the ball. Devin showed up to football camp in the best shape he has been in the past 2 years and it is paying off with his performance on the field. He is a big reason for increased offensive production by both the offensive backs but also the quarterback. He is a good leader and a fun guy to be around. Way to go Devin!

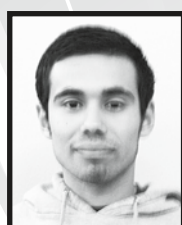


Alexa Toth Volleyball

Senior / Coach: Ben Patterson | Parents: Darci Toth-Ridgway



Alexa is a senior setter and is one of our most improved players. Alexa consistently puts the ball where our hitters can go up and get it. She leads our team in assists and her teammates have learned to trust that Alexa will put them in a position to succeed. Her jump serve has also proven to be an asset for our team. We look forward to finishing our season strong with Alexa making a major contribution to our success.

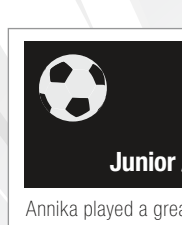


Javier Anguiano Boys' Soccer

Senior / Coach: Jeff Autencio | Parent: Javier & Norma Anguiano



Javier plays forward for us and is an unbelievable workhorse. He has great quickness and speed which causes all kinds of problems for the opposing defenses. Javier never quits on a play which has helped him become a very good goal scorer. In the last couple of weeks he has scored about a goal a game which has made the grizzly attack even more dangerous. Keep up the great work Javier.



Annika Nyquist Girls' Soccer

Junior / Coach: Adam Howard | Parents: Ted & Cami Nyquist



Annika played a great game last week at Tigard. With hard work and determination, Annika created several opportunities for her and her teammates throughout the contest. Her drive and dedication to making herself a better soccer player has been demonstrated in every practice and game throughout the season. Great job, Annika!

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