

MACHIGH

athletes of the week



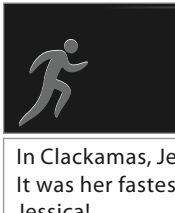
Grant Rubado

Football

Senior / Coach: Robin Hill | Parents: Tom & Christine



Grant did an outstanding job helping the Grizzlies defeat their county rival Newberg 23-13. Grant led the Grizzlies offense with two catches for 73 yards and did a great job blocking. Both of Grant's catches led to McMinnville touchdowns. Grant was also instrumental in helping the Grizzly defense give up less than 200 yards of offense and allow only one Newberg touchdown. Great job Grant!



Jessica Noyes

Girls' Cross Country

Sophomore / Coach: Vic Downs | Parents: Wade & Tina



In Clackamas, Jessica ran a solid 23:18 over 5000m for second on the team. It was her fastest opening time and a great start to the season! Way to go, Jessica!



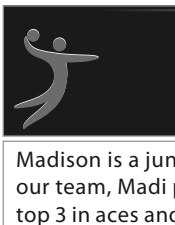
Jose Perez-Flores

Boys' Soccer

Sophomore / Coach: Jory Shene | Parents: Carlos & Sara



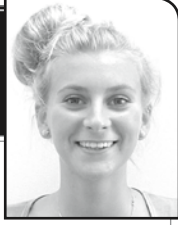
Despite a 2-4 loss against #1 Lake Oswego, Jose Perez-Flores has stepped up to be a consistent player in his specific role on the field. He has impeccable work-ethic and has notched 2 goals on the season so far. He also has assisted 3 others. He is a total team player and we as a team are excited about his potential growth this year by November.



Madison Vicknair

Volleyball

Junior / Coach: Ben Patterson | Parents: Tony & Jodi



Madison is a junior outside hitter and team captain. As an integral part of our team, Madi plays every rotation and leads us in attacks and kills and is top 3 in aces and serve receptions. An outstanding player as a sophomore, Madi has only gotten better in this, her junior year. Her leadership both on and off the court is outstanding while her playing acumen is incredibly high. We will continue to look forward to great things from her. Go Grizzlies!



Wes Noble

Boys' Cross Country

Senior / Coach: Vic Downs | Parents: Tim & Jennifer



At the Clackamas meet last weekend, Wes set an all-time best in the 5000m by posting a 17:56. It was his best time by 21 seconds. He finished third for the Grizzlies and helped the boy's finish 6th as a team. Good Job Wes!



Meagan Grasley

Girls' Soccer

Junior / Coach: Adam Howard | Parents: Andrew & Marianne



Meagan has had a great start to her season so far. Her work ethic and aggressive play was tremendous last week. She is a physical presence out on the field and members of the other team are intimidated by Meagan's play. In the game against Oregon City Meagan led the team in hustle points on the field. She is a great competitor and teammate, keep up the good work Meagan.

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