

GRIZZLIES

OF THE WEEK



Taylor Vicknair Boys' Track

Senior / Coach: Vic Downs | Parents: Tony & Jodi



Last week, Taylor set an all-time personal best in the hurdles twice! First going 1593 against Tigard and then 15.66 at the Oregon Relays. He also ran on the 400m Relay team which beat Tigard to start the meet. In addition, Taylor completed a sweep in the 200m in a personal best 23.64.



Bethany Mohler Girls' Track

Sophomore / Coach: Vic Downs | Parents: Wayne & Therese



Last week, Bethany won the Tigard meet's javelin competition with an amazing throw of 127'4". This mark made her the #7 javelin thrower in the state! At the Oregon Relays, Bethany through well again and finished 7th with a mark of 122'4". Currently she leads the conference in the javelin. Way to go, Bethany!

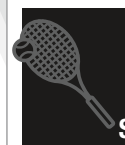


Lauren Ulvang Ellie Solem Girls' Tennis Doubles



Junior/Sophomore | Coach: Angelica Huston | Parents: James & Kathleen/Mike & Tera

Ellie Solem and Lauren Ulvang play at number 3 doubles for McMinnville. In this position, Ellie and Lauren rarely experience losses. They both bring speed and agility to the court. Lauren has a serve that is extremely tough to return and Ellie's overhead attack is so powerful that her opponents duck and cover when she gets ready to swing. They both strive to become better tennis players in practice and during matches and this has shown in the amount that they have both improved over the course of the season. Great job ladies!



Reza Refaei Boys' Tennis

Senior / Coach: Wes Gabrielson | Parents: Bahram & Sandy

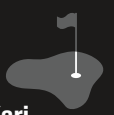


Reza is a force to be reckoned with on the tennis court. His quiet, calm demeanor on the court makes him seem like a passive individual, but underneath Reza plays with an intense fire that motivates him to win each and every match. Reza has excelled for us this year playing at the No. 1 and No. 2 singles spots in the line-up. At this point in the year he has an exceptional 8-2 record, and is playing better and better with each match he plays. Keep up the great work Reza!



Kaela Worden Girls' Golf

Freshman / Coach: Ben Heuberger | Parents: Dwayne & Kari



Kaela has made the leap to varsity golf in her first year of high school. She has demonstrated great poise and composure on the course especially for a freshman. Kaela works hard to improve her game even on weekends and after practice. Your future in golf is looking great Kaela. Keep it up.

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