

# MACH HIGH

## athletes of the week



### ZANE STELLFLUG / JOEY CHAPMAN

**Boys' Tennis Doubles**  
 Seniors / Coach: Alex Martin  
 Parents: Dan & Jennifer / Jerry & Lisa



Zane Stellflug & Joey Chapman - In their first match together, these two lifelong, best friends were able to work out the wrinkles, come together, and set the tone energetically and emotionally for the rest of team. In our only match this week, their efforts led the team to a 6-2 road victory over a tough North Salem team, winning their match 7-6, 6-0.



### KELSEY ALLEN

**Girls' Tennis**  
 Senior / Coach: Angelica Huston | Parent: Craig & Teresa



Kelsey Allen is the #2 singles player in our lineup. Over her four year career on Varsity, she has continued to improve her game. Although she seems quiet on the court, she is fiercely competitive. Last week, she defeated her opponents from North Salem and from McNary in straight sets 6-0, 6-0. Kelsey is an integral part of our lineup and our team and a pleasure to work with. Great job this week Kelsey!



### RACHEL LEGARD

**Girls' Tennis**  
 Senior / Coach: Angelica Huston | Parents: Jay & Stephanie

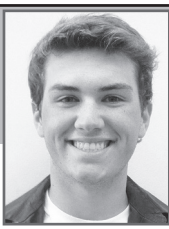


Rachel Legard had an amazing week of tennis. In her match on Thursday she played for almost two and a half hours to secure our only win against West Albany. Rachel competes at the highest level and always pushes herself and her teammates to be better. She is truly an inspiration and a pleasure to have on the team. Great job this week Rachel!



### SAM SWENSON

**Baseball**  
 Junior / Coach: Jordan Harlow | Parents: Jim & Robin



The junior infielder is hitting .390 through 13 games this season and is leading the team with 10 RBI. He has played at both corner infielding spots for the Grizz and is an excellent defender. In addition to his success on the diamond, Sam is also an outstanding student and exemplifies leadership both on and off the field. Expect big things to come from Sam as the Grizzlies continue their quest for a league championship.



### LIZZ PILCHER

**Softball**  
 Senior / Coach: Courtney Seifert | Parents: David & Shawna



Lizz has grown tremendously in her senior season with our softball program. Her consistency, both offensively and defensively, have benefited the team in many ways. Lizz is a team player whose fun personality makes her easy to coach. She has started in the outfield and has done a great job, making some great catches and always going 100%. At the plate, Lizz has shown so much improvement and has turned into one of our most reliable hitters. Always putting herself in a good position to get on base and move base runners. We are so proud of Lizz and look forward to watching her improve and grow even further in our program with the remaining weeks of the season. Great job Lizzie!



### HAZEL FINDLEY

**Girls' Golf**  
 Senior / Coach: Jeremy Vernon | Parents: Ryan & Stephanie



Hazel Findley has done a fantastic job this year. Each week Hazel has improved her scores and continues to improve every day. Last week she posted a 105 helping her team to a second place finish. She has been putting in a lot of hard work and is being rewarded for it. Hazel brings a great attitude and a positive energy to the team. Congratulations Hazel!



### MICAH STEEVES

**Boys' Track**  
 Junior / Coach: Vic Downs | Parents: Jason & Nichole



After vaulting against Forest Grove and winning that competition, Micah headed to Eugene for the Oregon Relays and set a new personal record! His vault of 12'11.5 was good enough for 11th overall! After he was done vaulting, Micah shook the hands of the officials and his competitors demonstrating his respect for the people that helped him accomplish his goal. Nicely done, Micah.



### HALEIGH MORALES

**Girls' Track**  
 Freshman / Coach: Vic Downs | Parent: Leanna Miller



Last week was huge for Haleigh. She won the 100m at Forest Grove, ran an awesome leg in the short relay and helped the girls defeat the Vikings. She then went to Eugene and finished an impressive 6th in the Frosh 100m and was a member of our fast sprint medley relay team. Haleigh keeps getting faster as the season goes on and is looking tough going into the championship phase of our season.

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