

# MACHIGH

## athletes of the week



### Bobby Crowston

Wrestling

Sophomore / Coach: Shawn Keinonen | Parents: Gene & Jill



Bobby Crowston had a great sophomore season for the grizzlies. Bobby competed at 145 pounds for the grizz and was a huge part of the team success in dual meets. Bob qualified for the state tournament at 138 pounds and is looking to place high! Good luck Bob.

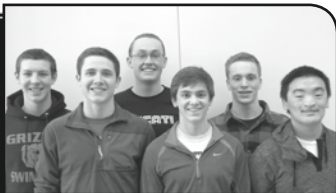


### Jacob Porter, Stephen Gilliat, Owen Binkerd, Brad Hessel, Tristan Versteeg, Alex Foutch

Boys' Swimming State Team

Not Pictured: Max Hayes

Coach: Jason Hafner



The Grizzly boy's brought back a trophy last weekend finishing 4th in the team standings. Three team records were broken (Tristan Versteeg 100 fly, Jacob Porter 100 and 200 free). All three relays placed at the meet with the 200 free relay consisting of (Tristan, Owen, Jacob , Brad) having the highest finish, placing second. Individually, Tristan was 2nd in the 100 fly, 7th in the 100 back, Jacob 2nd 200 free, 3rd 100 fly, Owen tie for 10th 50 free, and Max 11th 100 breast. The boy's swam hard and dropped time to finish off a successful season. Great job and Go Grizzlies!



### Molli Hartzell, Chloe Zinda, Malia Riggs, Rosie Porter, Erika Sato, Mari Sato

Girls' Swimming State Team

Coach: Jason Hafner



The Grizzly girl's finished up a successful season with a 16th place finish at the state meet last week. The girl's 200 free relay of Erika , Molli , Mari , and Rosie won the consolation heat finishing 7th. The girl's were also consolation finalists in the 200 medley and 400 freestyle relays. Individually, Erika was also 11th in the 200 free and 9th in the 100 free. The girl's swam hard and gained valuable experience. Great job and Go Grizzlies!



### Gage Gubrud

Boys' Basketball

Senior / Coach: Willie Graham | Parents: Chris & Jenifer



Senior guard Gage Gubrud had two outstanding games for the Grizzlies last week, leading the Grizzlies to victories over Glencoe and Newberg. In those two games he averaged 24 points, 3 assists, 4 rebounds, and 2 steals. He connected on 14 of his 17 free-throws for the week. Gage also achieved an impressive career milestone. During the second half of the Newberg game he became one of only a handful of players in school history to surpass the 1,200 point mark in their high school careers. Great job Gage!



### Sydni Dix

Girls' Basketball

Freshman / Coach: Sean Coste | Parents: Hope & Doug



Freshman, Sydni Dix, has moved up from playing JV at the beginning of the season to playing significant minutes on the Varsity in the last 3 or 4 weeks. She has contributed in a number of ways bringing us a strong defender on the perimeter and around the basket, and really helps us in rebounding by anticipating and crashing the boards. She is a physically strong player, who offensively, is very good at driving to the basket and moving in the offense. Sydni has worked hard all season and with that is continuing to gain confidence. Keep it up.

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