

# GRIZZLIES

## OF THE WEEK



### Chris Cerda Wrestling

Senior / Coach: Shawn Keinonen | Parents: Claudia



Chris Cerda, wrestling at 195 pounds for the grizzlies, placed 4th at the regional tournament and qualified for state. Chris was seeded 6th at his weight but pulled off a couple of upsets moving him onto the state tournament. Nice job Chris!

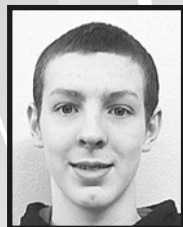


### Erika Sato Girls' Swimming

Junior / Coach: Jason Hafner | Parents: Kazutoshi & Shiho



Erika was an important contributor for the Grizzly girl's swimmers last weekend at Districts. Erika was a championship finalist in the 100 and 200 free, finishing 5th in both. Erika also was the lead off swimmer in the 200 and 400 free relays where her split times were personal bests. Both relays qualified for State where she will be competing this weekend. Erika trains at a very high level and her work ethic in practice is a great example for her team mates. Good luck at State and Go Grizzlies!



### Jacob Porter Boys' Swimming

Junior / Coach: Jason Hafner | Robert & Margy



Jacob swam an outstanding meet this past weekend at the District championships. Jacob was first in the 200 Free, second in 100 fly and then swam a leg of both the first place 200 and 400 free relays. He will be competing in all four of those events at state this weekend. Jacob works hard, supports his team mates, and sets a fast pace at practice. Good luck at State and Go Grizzlies!



### Molly Olsen Girls' Basketball

Junior / Coach: Sean Coste | Parents: Kris & Sue



Junior, Molly Olsen played very well last week in games against Tigard and Tualatin. She had a really nice game Friday night with nine points, taking good, strong shots and creating plays defensively. She is an intelligent basketball player, moves well and makes good decisions in the offense; she has really developed as a scorer whether it be taking the three point shot or driving and hitting the short jumper. Molly showed a lot of confidence on Friday night and needs to continue to play with a fearless approach. Great game Molly, keep it up.



### Michael Coste Boys' Basketball

Senior / Coach: Willie Graham | Parents: Sean & Sarah



Senior wing Michael Coste has been a consistent and enthusiastic leader for the Grizzlies this season. He played well in both games last week against Tigard and Tualatin. He played excellent defense in both games and was one of the Grizzlies few consistent offensive performers against Tigard. Most importantly, Michael is a great teammate and the kind of player every coach wants to have on their team. Great job Michael!

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