

# MACHIGH

## athletes of the week



### Kyle Brooker

#### Boy's Basketball

Junior / Coach: Willie Graham | Parents: Chris & Kelli



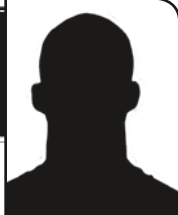
Junior post Kyle Brooker has provided a positive spark both in practice and in games for the Grizzlies this season. He played very well off the bench for the Grizzlies in their game against Tualatin scoring 6 points and grabbing 3 rebounds to help keep the Grizzlies in the game during the 4th quarter. Kyle continues to improve and provide positive energy for the Grizzlies. Great job, Kyle!



### Alex Kiess

#### Wrestling

Junior / Coach: Shawn Keinonen | Parents: Jerry & Kimball



Alex Kiess pinned two opponents from Tigard and Tualatin last week at 160 pounds. His two lopsided victories helped the Grizzlies win both League duals and improve to 7-0 in the league. Keep up the good work Alex!



### Dakota Buhler

#### Girl's Swimming

Senior / Coach: Jason Hafner | Parents: Terry & Wendy



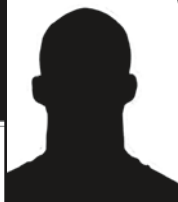
Dakota had an outstanding meet against Glencoe last week clocking a personal best in the 100 free of 1:00.83. Dakota also was second in the 50 free, nearly swimming a lifetime best in that event also. As co-captain of the Grizzly girl's she has demonstrated tremendous leadership that has been a big part of the girl's team success. She helps with the pool set up and clean up daily, works hard in practice, supports her teammates, and has a great attitude. Great job and Go Grizzlies!



### Jacob Porter

#### Boy's Swimming

Senior / Coach: Jason Hafner | Parents: Robert & Margaret



Jacob swam a personal best in the 500 free in the Grizzly boy's win against Glencoe last week. Jacob broke the 5 minute mark and was nearly 2 seconds faster than his previous best. Jacob also was first in the 100 backstroke and swam the fly leg on the first place medley relay. Jacob set's a great example for his teammates by putting in maximum effort each race, whether it's a close or he's well in the lead. Keep up the good work and Go Grizzlies!

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