

MACHIGH

athletes of the week



Zach Silver

Football

Junior / Coach: Robin Hill | Parents: Pat & Becky



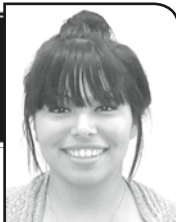
Zach had a big game for the Grizzlies in their 27-8 win versus Century. Zach led the Grizzlies with 6 receptions for 69 yards and a 17 yard touchdown run to go along with an interception on defense. The Grizzlies out gained Century 380-272 in total yards on the night.



Brenda Yanez

Girls' Soccer

Senior / Coach: Adam Howard | Parents: Virginia



Brenda is one of our hardest workers on the team. Her work ethic has led to her being one of the most improved players over the past two seasons. In the game against Glencoe last week Brenda made some great saves to keep us in the game. She is a terrific teammate by always pushing herself and teammates to be the best they can be. Great job Brenda!



Anton Ramick

Boys' Cross Country

Senior / Coach: Vic Downs | Parents: Lizet



At the district meet, this senior ran great! He ran the 6th best time on the day for the team and closed out his high school running career in style. Anton has been a great athlete for us and we will miss his efforts each and

every day.



Alexia Valdez

Girls' Cross Country

Freshman / Coach: Vic Downs | Parents: Israel & Ruth



This freshman had an amazing day at the district meet! She ran a personal best by a minute and a half! She finished the season with the 5th fastest time over 5000 meters for all the girls! What an amazing example of improvement!

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