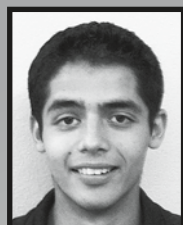


GRIZZLIES

OF THE WEEK



Martin Cortes Boys' Soccer



Senior / Coach: Jeff Autencio | Parents: Martin and Maria Cortes

The best way to describe Martin is that he is just solid. He shows up to work hard every day in practice and every game. Martin plays the defensive center midfield position and does an outstanding job of controlling games in the middle of the field. We feel that a great deal of our team's success this year is related to Martins ability to win balls and keep possession for us. Great job Martin and keep up the good work!



Alex Israel Football



Senior / Coach: Don Rutschman | Parents: Amy & Marco Israel

In the last two weeks, Alex has been the leading receiver with 12 catch for over 150 yards. He also has intercepted a pass and made 6 tackles. It is a pleasure coaching and being around Alex as a person. We are looking for good things from Alex going into the last 1/3 of the season. Go Grizzlies!



Gabby Castellanos Girls' Soccer



Senior / Coach: Adam Howard | Parents: Jose & Laura Castellanos

Gabby has gotten off to a fantastic senior season. Last week she played a pivotal role in our win against Forest Grove. She was tenacious on defense and won every ball that came her way. Her physical presence was inspiring to her teammates and helped the team to a shutout. Great job, Gabby, and keep up the good work!



Madison Vicknair Volleyball



Sophomore / Coach: Ben Patterson | Parents: Tony & Jodi Vicknair

Madi is a sophomore outside hitter who has done a phenomenal job this year. She has become more of a vocal leader while also being one of our statistical leaders. She is second on the team in kills as well as contributing defensively and even on serve receives occasionally. This past week, Madi had to step into a new position as a middle hitter and she excelled. She sparked our team in a big win over Forest Grove, leading us in kills and blocks. We continue to look forward to big things from Madi as she contributes to our team's success.



Ronnie Graham Boys' Cross Country



Sophomore / Coach: Vic Downs | Parent: Ronald & Kelli Graham

At the Harrier Classic last Saturday, Ronnie finished as our 2nd runner and set an all-time personal best of 17:18! He is currently ranked eighth in the league and as a sophomore! He has been a great competitor this season and his efforts are leading us up the rankings. Way to go, Ronnie!



Colette Horton Girls' Cross Country



Seniors / Coach: Vic Downs | Parents: Paul & Karol Horton

Our fourth year senior had a great meet. Her best time of the year by far and she competed right to the end at the Harrier Classic. Colette has been a great leader this season and is finishing her cross country career in style! Way to run hard, Colette!

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