

# GRIZZLIES

## OF THE WEEK



### Lauren Ulbricht Volleyball

Senior / Coach: Ben Patterson | Parents: David & Lori Ulbricht



Lauren is a senior defensive specialist who has played solid and consistent volleyball this season. She is second on the team in digs and serve receive percentage as well as contributing from the service line. She is a ferocious competitor as well as a vocal leader on the court. Lauren has been one of our most consistent contributors and we are looking for her to help our team finish our season strong.



### Kane Kennedy Football

Senior / Coach: Don Rutschman | Parents: Doug Kennedy & Solace Ingram



Kane has started on and off for 3 years on the Grizzly football team as a wide receiver and defensive back. Kane has had 3 outstanding games in a row of as a receiver and running back. He has scored touchdown in his last 4 games and has been a lockdown corner for the McMinnville defensive secondary. Kane was a big part of the Oregon High School play of the week vs. Forest Grove as he caught a pass and then pitched a ball to Spencer Payne for 1 of Mac's touchdowns. Kane is on the field almost every play. He returns punts and kick offs as well as starting on offense and defense. Congratulations Kane, keep up the good work!

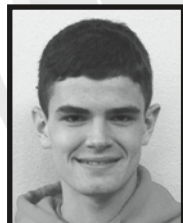


### Carlisle Topping Girls' Soccer

Sophomore / Coach: Adam Howard | Parents: Chip Topping & Sid Winfield



With hard work and passion for the game. Carli has gotten off to a great start this soccer season. Her willingness to make sacrifices for the betterment of the team shows her true character. She has been versatile this season, playing multiple positions and has been tremendous in every role. As a defender last week, Carli helped us to our first shutout of the season. This is a new position for her this season, and she has accepted the role with great honor. Great job, Carli!



### Alex Justice Boys' Cross Country

Junior / Coach: Vic Downs | Parent: Sam & Susan Justice



At the Home meet against Forest Grove and Tigard, Alex had his best meet of the year. He ran a 17:52 and finished 12th overall on the Joe Dancer Park course. Alex continues to race well and work hard in practice. He is definitely coming into form going into the championship stretch.



### Claire Bernhisel Girls' Cross Country

Sophomore / Coach: Vic Downs | Parents: Steve & Donna Bernhisel



At the Nike Pre-Nationals race, Claire ran her fastest time ever! Her 23:44 was a 16 second personal best. Each race she is pushing the limits and improving each week. Way to go, Claire!

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