

# MACHIGH

## athletes of the week



### Cameron Marcom

Boys' Track

Senior / Coach: Vic Downs | Parents: ray & Heidi



At the McMinnville Invitational last week, Cam set personal bests in the 100m and the 200m. He was on the 400m Relay that finished second and anchored the winning 1600m Relay! Cam is really finishing the season in style!



### Whitney Rich

Girls' Track

Sophomore / Coach: Vic Downs | Parents: Corey & Tara



In the McMinnville Invitational, Whitney had a great meet. She was asked to run the 800m which is a shorter race for her. Not only did she run the race but she won it with a 6 second personal best! Whitney is a very dedicated track athlete and works hard each and every day.



### David Brosius

Baseball

Junior / Coach: Jordan Harlow | Parents: Scott & Jennifer



David is coming off of an impressive performance against Pacific Conference rival Glencoe High School. The lefty struck out twelve and walked only one on the Grizzlies' way to a 2-0 victory to win the series two games to one. On the year, he boasts a 4-0 record with a 1.33 ERA. Playing right field when he doesn't pitch, Brosius is hitting .300 through 15 games, with two doubles and a triple. Brosius is also a stellar student to boot, and is also valued team leader.



### Drew Altringer

Boys' Tennis

Sophomore / Coach: Alex Martin | Parents: Andy & Chris



Drew played a fantastic match in a 6-4, 6-4 win against Tigard's #3 singles player. Drew really turned a corner mentally, and it allowed his play to shine through in a tough match. His win was vital to the team's overall victory, and his progression has played a big role in the team's late season surge.



### Lauren Ulvang

Girls' Tennis

Senior / Coach: Anjelica Huston | Parents: James & Kathleen



Lauren plays in the #3 doubles position for the Grizzly tennis team. She and her partner have proven to be one of the best #3 doubles teams in the league. Last week, they won an important match against Tigard to help us secure the win. As a senior, she sets a great example. She is hard working, positive, competitive and a great teammate. She has been instrumental to the team's success this year and she will be truly missed next season. Congratulations Lauren!



### Adam Isreal

Boys' Golf

Junior / Coach: Chris Brooker | Parents: Marco & Amy



Adam is in his second year of golf for MHS and has played as our varsity 3 all year. Adam as been working really hard on some swing changes that will make him more consistent. Adams consistency week in and week out is a large reason why the Grizzlies are current third in the conference RPI.

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