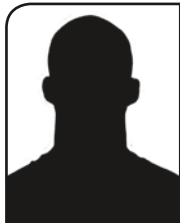


MACHIGH

athletes of the week



Nathan Clevenger

Boys' Track

Senior / Coach: Vic Downs | Parents: Jeff & Sharie



At the Tigard meet last week, Nathan won the triple jump while breaking the 41 foot barrier for the first time ever. He placed second in the long jump and broke the 20 foot barrier as well! Nathan has been one of our most consistent athletes and is a great teammate.



Annika Nyquist

Girls' Track

Senior / Coach: Vic Downs | Parents: Ted & Cami



Last week, Annika was a machine. She ran on all our relays for the week, grabbing victory over Tigard in the 400m and 1600m Relays. Annika also won the 200m at the Tigard meet with a personal best of 27.78! Annika is the glue that holds our relays together. She is a great leader!



Sam Swenson

Baseball

Sophomore / Coach: Jordan Harlow | Parents: Jim & Robin



Sam Swenson is not only playing a stellar first base for the Grizz, but he is leading the team with 12 RBI this season and has also recorded 11 runs. To back his .511 slugging percentage, Swenson is hitting .333 on the year and has an on-base percentage of .375. Rounding off his play on the field, Swenson is also an outstanding student and recently represented MHS at a model United Nations conference. Way to go Sam!



Sydnee Reeser

Softball

Freshman / Coach: Courtney Seifert | Parents: Matthew & Shannon



Sydnee has earned herself a starting spot on varsity this season. Her hard work, competitive attitude, and abilities have all played key roles in this accomplishment. In Friday's game against Tualatin Sydnee had a handful of awesome plays at short stop where she threw key base runners out at first base. She keeps us laughing at practice and we are so happy she is a part of our program. Great job Syd!



Zane Stellflug

Boys' Tennis

Junior / Coach: Alex Martin | Parents: Jerry & Lisa



Zane has had an awesome season so far, capped off with a great week this past week. He started with a 6-0, 6-0 trouncing of the Century #2 Doubles team, and followed that up with another strong performance against Newberg at #2 Doubles. Zane brings so many intangibles to the court and the teams, that he helps create wins for our team with his leadership and motivation, even in matches he's not playing in.



Julia Jacobucci & Veronica Marquez

Girls' Tennis Doubles

Senior & Junior / Coach: Angelica Huston
Parents: Joe & Debbie and Manuel & Blanca



Julia and Veronica have had an incredible season so far. Together, in the number 4 doubles position, they have been undefeated until Friday. On Friday, they played in a tough competition against rival Newberg and although they didn't come out with a victory, they took the match to three sets which broke a tie in the team scoring against Newberg and secured a win for the Grizzlies. Both girls are true competitors and played with heart and determination. They are an instrumental part of our team. Keep up the good work ladies!



Hazel Findley

Girls' Golf

Junior / Coach: Jeremy Vernon | Parents: Ryan & Stephanie



Hazel has done an amazing job this year. Each week Hazel has improved her scores and continues to improve every day. She has been putting in a lot of hard work and is being rewarded for it. Hazel is a great teammate and pushes everyone to always do their best. Congratulations Hazel!

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