

GRIZZLIES

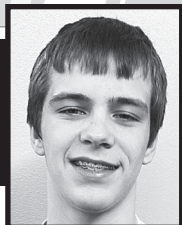
THE WEEK



Dalton Donaldson *Wrestling*

Sophomore / Coach: Shawn Keinonen | Parents: Mathew & Tiffany

Dalton Donaldson, wrestling at 126 pounds, won his match Thursday night by fall in the 1st. His Victory helped the Grizzlies win the dual 48-19 and secure the regional Dual meet title! Way to go Dalton!



Justine Ecker *Girls' Swimming*

Sophomore / Coach: Jason Hafner | Parents: Milton & Jerri

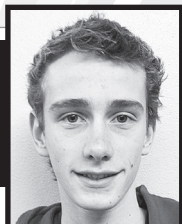
Justine had another solid meet in the Grizzly girl's win against Century last week. Justine earned a varsity spot at Districts in 200 free, taking nearly 8 seconds off her personal best. Justine also swam a personal best in the 100 back which she will also be competing at Districts. Justine has a great attitude and her hard work in practice is paying off with fast times. Keep up the good work and Go Grizzlies!



Elliot Morrison *Boys' Swimming*

Sophomore / Coach: Jason Hafner | Parents: Isabelle Dutartre

Elliot had an exceptional meet last week in the Grizzly boy's win against Century. Elliot swam a personal best in the 200 IM finishing second. In the 500 free, Elliot finished first and shaved nearly 7 seconds off his best. Elliot has been training hard and is looking strong for Districts this weekend. Great job and Go Grizzlies!



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