

GRIZZLIES

OF THE WEEK



Gage Gubrud Boys' Basketball

Junior / Coach: Willie Graham | Parents: Chris & Jenifer



Junior guard Gage Gubrud has done an outstanding job for the Grizzlies this season. He had an excellent game last week against Glencoe, scoring 22 points, dishing out 3 assists and grabbing 5 rebounds. On the season he is averaging 15 points, 5 assists, 4 rebounds and 1 steal per game. Great Job Gage!



Carlisle Topping Girls' Swimming

Sophomore / Coach: Jason Hafner | Parents: Chip & Sid



Carlisle had a strong meet in the Grizzly girl's win last week at Hillsboro. Carlisle swam a personal best in the 200 free and was first in the 100 free. Carlisle has given the Grizzlies consistent performances all season in the sprint freestyles. Carlisle has a great attitude and can always be counted on to give 100% in practice and meets. Great job and Go Grizzlies!



Ryan Coleman Boys' Swimming

Junior / Coach: Jason Hafner | Parents: Randy & Kim

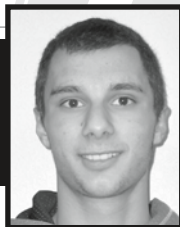


Last week in the Grizzlies win against Hillsboro, Ryan swam a personal best in the 500 free dropping nearly 20 seconds off his previous best. Ryan also swam a leg of the first place 200 medley and second place 400 free relay. Ryan has been working hard in practice and that effort is paying off with big time drops. Keep up the good work and Go Grizzlies!



Bryce Branson Wrestling

Senior / Coach: Shawn Keinonen | Parents: Eric and Suzanda



Bryce, wrestling at 120 pounds this season for the grizzlies, has been a great leader. He has battled through injuries this season and continues to work hard at practice and find ways to be successful. Great job, Bryce!



Emily Bliven Girls' Basketball

Junior / Coach: Sean Coste | Parents: Matt & Tina



Junior, Emily Bliven has come back off of an injury and played very well last week in games against Glencoe and an overtime win over Newberg. Emily played some excellent defense, creating havoc, getting tips, steals and rebounds. Emily is very good offensively at attacking the basket, creating plays for her teammates in the open court and has really developed her outside shooting. She brings a ton of energy to our team defense and offense by her effort and tenacity. Great job Emily.

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