

# Managing Hip & Knee Arthritis

## JOIN US FOR A SEMINAR



**ADMISSION IS FREE**

### DALLAS

**Wednesday, May 10th, 9-10 am**

Pressed Coffee Wine & Bar  
788 Main Street, Dallas

### GRAND RONDE

**Wednesday, May 24th, 5:30-6:30 pm**

Spirit Mountain Casino  
27100 Salmon River Hwy, Grand Ronde

### GLENEDEN BEACH

**Friday, April 28th, 5:30-6:30 pm**

Side Door Cafe/Eden Hall  
6675 Gleneden Beach Loop, Gleneden Beach

### LINCOLN CITY

**Thursday, June 29th, 8:30-9:30am**

Inn at Spanish Head  
4009 SW Hwy 101, Lincoln City

### McMINNVILLE

**Wednesday, April 19th, 12-1 pm**

**Wednesday, May 10th, 5:30-6:30 pm**

**Friday, June 9th, 10:30-11:30 am**

Willamette Valley Medical Center Classrooms  
2700 SE Stratus Avenue, McMinnville

### SEASIDE

**Wednesday, June 28th, 5:30-6:30pm**

Holiday Inn Express  
34 N Holladay Dr. Seaside

### TILLAMOOK

**Friday, April 28th, 12-1 pm**

Shilo Inn  
2515 N Main Avenue, Tillamook

### WEST SALEM

**Wednesday, May 10th, 12-1 pm**

Annette's Westgate Café  
1311 Edgewater St. NW, Salem



**The Joint  
Replacement  
Institute**

MCMINNVILLE, OREGON

Please **RSVP** by contacting  
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(503) 435-6571